

No Quitter

拍数: 32 墙数: 4 级数: Beginner
编舞者: Audrey Watson (SCO)
音乐: I Ain't No Quitter - Shania Twain



TOE, HEEL, CROSS, HOLD, TOE, HEEL, CROSS, HOLD

1-2 Touch right toe to left instep, touch right heel to left instep
3-4 Cross right over left, hold for a beat
5-6 Touch left toe to left instep, touch left heel to left instep
7-8 Cross left over right, hold for a beat

STEP PIVOT ½ TURN STEP HOLD, LEFT LOCK STEP, HOLD

1-2 Step forward on right, pivot ½ turn left
3-4 Step forward on right, hold for a beat
5-6 Step forward on left, lock right behind left
7-8 Step forward on left, hold for a beat

STEP PIVOT ¼ TURN STEP HOLD, SIDE CLOSE SIDE HOLD

1-2 Step forward on right, pivot ¼ turn left
3-4 Cross right over left, hold for a beat
5-6 Step left to left side, close right next left
7-8 Step left to left side, hold for a beat

BACK ROCK SIDE HOLD, BEHIND SIDE CROSS HOLD

1-2 Rock right back behind left, rock forward on left
3-4 Step right to right side, hold for a beat
5-6 Step left behind right, step right to right side
7-8 Cross left over right, hold for a beat

REPEAT

FINISH

Replace 17-20 with

1-2 Step forward on right, pivot ½ turn left
3-4 Step forward on right, hold for a beat
