

No Name Cha Cha (P)

拍数: 64 墙数: 0 级数: Partner
编舞者: Bernice Caddick
音乐: Any Favorite Medium To Slow Cha-cha



Position: Open Promenade, Holding Inside Hands

Lady's steps are shown. Men's steps are mirror image, except where stated

1-2-3&4 Rock forward on right, back on left and cha-cha-cha back, right-left-right
5-6-7&8 Rock back on left, forward on right and cha-cha-cha forward, left-right-left

9-10-11&12 Vine to right making a $\frac{1}{4}$ turn to right on cha-cha-cha, right-left-right
13-14-15&16 Step forward on the left, pivot $\frac{1}{2}$ turn to right, cha-cha-cha forward, left-right-left

Pick up both hands, you are now facing your partner,

17-18-19&20 Right hook and side close side right, left, right

With arms extended to side

21-22-23&24 Left hook and side close, $\frac{1}{4}$ turn left on left-right-left

Drop left hand on $\frac{1}{4}$ turn

25-26-27&28 Step forward on right, turn $\frac{1}{2}$ turn to left and cha-cha-cha forward, right-left-right
29-30-31&32 Rock forward left, back right and make $\frac{1}{2}$ turn to left on cha-cha-cha, left-right-left

33-34-35&36 Step forward right, make $\frac{1}{2}$ turn to left, cha-cha-cha forward, right-left-right

From this point do not let go of lady's left and man's right hand

37-38-39&40 Step forward on left make $\frac{1}{4}$ turn to right facing OLOD, step behind with right, cha-cha-cha sideways with a $\frac{1}{4}$ turn to left on last cha left-right-left, (now facing LOD)

41-42-43-44 Step forward on right make $\frac{1}{4}$ turn to left, facing ILOD step behind with left, cha-cha-cha sideways with a $\frac{1}{4}$ turn to right on last cha right-left-right, (now facing LOD,)

45-52 Repeat steps 37 to 44

53-54-55&56 Rock forward on left, back on right and cha-cha-cha backwards, left-right-left

57-58-59&60 Rock back on right, forward on left and cha-cha-cha forward, right-left-right

61-62-63&64 Raise left hand, step left and right making a full turn to right on these two steps & cha-cha-cha forward, left-right-left, (man walks forward right, left, right, left, right)

REPEAT