

No More Lonely

拍数: 56 墙数: 2 级数: Intermediate
编舞者: Robyn Menerey (AUS)
音乐: No More Lonely - David Ball



- 1-2 Touch right toe beside left foot, kick right foot forward
3-4 Rock/step right foot backward, rock forward onto left
5&6 Shuffle forward right-left-right
7-8 Step left foot forward, make $\frac{1}{2}$ pivot turn right stepping forward onto right
- 9-10 Touch left toe beside right foot, kick left foot forward
11-12 Rock/step left foot backward, rock forward onto right
13-14 Step left foot forward, make $\frac{1}{2}$ turn right stepping forward onto right
- 15-16 Repeat previous pivot turn count 13-14
- 17-18 Rock/step left foot forward, rock backward onto right
19&20 Shuffle backward left-right-left
21&22 Make $\frac{1}{2}$ turn right on ball of left foot & shuffle forward right-left-right
23-24 Step left foot forward, touch right toe beside left
- 25-26 Rock/step right foot to right side, rock sideward onto left
27-28 Step right foot across behind left, hold
29-30 Rock/step left foot to left side, rock sideward onto right
31-32 Step left foot across behind right, hold
- 33-36 Vine right right-left-right, touch left foot beside right
37-38 Step left foot to left side, step right foot across behind left
39-40 Make $\frac{1}{4}$ turn left on ball of right foot & step left foot forward touch right foot beside left
- 41&42 Right foot kick ball change
43-44 Step right foot forward, make $\frac{1}{4}$ pivot turn left transferring weight to left foot
45-48 Repeat previous counts 41-44
- 49-52 Shuffle forward right-left-right, left-right-left
53-54 Step right foot forward, make $\frac{3}{4}$ pivot turn left transferring weight to left foot
55-56 Step right foot to right side, step left foot beside right

REPEAT

To make the dance finish facing front, counts 13-15 become a full turn to the right stepping in place left-right-left