

No More Crying

COPPER KNOB
BY SHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Peter Giam (SG)
音乐: I'm Not Gonna Cry for You - The Mavericks



SIDE RIGHT, TOGETHER, RIGHT CHASSE, CROSS ROCK, RECOVER, LEFT CHASSE ¼ TURN LEFT

1-2 Step right to right side, step left together
3&4 Step right to right, step left together, step right to right
5-6 Rock left over right, recover onto right
7&8 Step left to left, step right together, turn ¼ turn left and step left forward

½ TURN LEFT, TRIPLE STEP ½ TURN LEFT, ROCK BACK, RECOVER, SHUFFLE FORWARD

1-2 Step right forward, turn ½ left (to left)
3&4 Shuffle in place turning ½ left stepping right, left, right
5-6 Rock left back, recover onto right
7&8 Step left forward, step right together, step left forward

ROCK FORWARD, RECOVER, STEP LOCK STEP BACK TWICE, ROCK BACK, RECOVER

1-2 Rock right forward, recover onto left
3&4 Step right back, lock left in front of right, step right back
5&6 Step left back, lock right in front of left, step left back
7-8 Rock right back, recover onto left

SYNCOPATED WEAVE TO LEFT, SIDE ROCK, CROSS SHUFFLE

1-2 Cross right over left, step left to left side
3&4 Cross right behind left, step left to left side, cross right over left
5-6 Rock left to left side, recover onto right
7&8 Cross left over right, step right to right side, cross left over right

ROCK FORWARD, MAKE A ½ TURN RIGHT, SHUFFLE FORWARD, TRIPLE STEP ½ TURN RIGHT TWICE

1-2 Rock right forward, recover onto left
3&4 Turn ½ right and step right forward, step left together, step right forward
5&6 Triple in place turning ½ right stepping left, right, left
7&8 Triple in place turning ½ right stepping right, left, right

ROCK FORWARD, MAKE A ½ TURN LEFT, SHUFFLE FORWARD, CROSS MAMBO TWICE

1-2 Rock left forward, recover onto right
3&4 Turn ½ left and step left forward, step right together, step left forward
5&6 Rock right over left, recover onto left, step right to right side
7&8 Rock left over right, recover onto right, step left to left side

TOUCH KICK, HIP BUMP, CROSS POINT, SIDE POINT, SAILOR ¼ TURN LEFT

1-2 Touch right beside left, kick right diagonally forward
3&4 Step right to right side and bump hips right, left, right
5-6 Touch left over right, touch left to left side
7&8 Cross left behind right, turn ¼ turn left and step right to right side, step left to left side

ROCK RIGHT FORWARD, TRIPLE STEP ¾ TURN RIGHT, ROCK LEFT FORWARD, COASTER STEP

1-2 Rock right forward, recover onto left
3&4 Triple in place turning ¾ right stepping right, left, right

5-6

Rock left forward, recover onto right

7&8

Step left back, step right together, step left forward

REPEAT
