

No More!

拍数: 48 墙数: 4 级数: Intermediate
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音乐: You Don't Get No More - Patty Loveless



4X CROSS TOUCHES-STEPS WITH EXPRESSION

- 1-2 (On the spot) lean body right - cross touch right toe over left foot, step right foot next to left
3-4 (On the spot) lean body left - cross touch left toe over tight foot, step left foot next to right
5-6 (On the spot) lean body right - cross touch right toe over left foot, step right foot next to left
7-8 (On the spot) lean body left - cross touch left toe over tight foot, step left foot next to right

Style note: counts 1 and 5: 'flick click' right fingers across body, counts 3 and 7: 'flick click' left fingers across body

SYNCOPATED CROSS STEP, 4X TOE ROCKS WITH EXPRESSION, SYNCOPATED CROSS STEP

- 9&10 Cross step right foot behind left, step left foot to left side, cross step right foot over left
11-12 Step/rock left toe to left side & swing hips to left, step/rock onto right toe & swing hips to right
13-14 Step/rock onto left toe & swing hips to left, step/rock onto right toe & swing hips to right
15&16 Cross step left foot behind right, step right foot to right side, cross step left foot over right

Style note: counts 11-14: really 'swing' those hips

SIDE TOUCH, CROSS STEP, UNWIND $\frac{3}{4}$ LEFT, RIGHT CHASSE, SYNCOPATED CROSS STEP, SIDE TOUCH

- 17-18 Touch right toe to right side, cross step right foot over left
19 Unwind $\frac{3}{4}$ left (weight on left foot)
20&21 Step right foot to right side, step left foot next to right, step right foot to right side
22 Cross step left foot behind right
&23-24 Step right foot next to left, cross step left foot over right, touch right toe to right side

$\frac{1}{4}$ RIGHT-BACKWARD DIAGONAL, 5X BACKWARD DIAGONAL SWAGGERS WITH EXPRESSION, RIGHT CHASSE

- 25-26 Turn $\frac{1}{4}$ right & step backwards diagonal right onto right foot, step backwards diagonal left onto left foot
27-28 Step backwards diagonally right onto right foot, step backwards diagonally left onto left foot
29-30 Step backwards diagonally right onto right foot, step backwards diagonally left onto left foot
31&32 Step right foot to right side, step left foot next to right, step right foot to right side

Style note: counts 25-30 really 'swing' hips and arms into each directional move, clicking fingers

$\frac{1}{4}$ RIGHT-ROCK FORWARD, ROCK Backward, $\frac{1}{2}$ LEFT-STEP FORWARD, ROCK FORWARD-BACKWARD, $\frac{1}{4}$ RIGHT-SIDE STEP, FORWARD SHUFFLE

- 33-34 Turn $\frac{1}{4}$ right & rock forward onto left foot, rock onto right foot
35-36 Turn $\frac{1}{2}$ left & step forward onto left foot, rock forward onto right foot
37-38 Rock onto left foot, turn $\frac{1}{4}$ right & step right foot to right side
39&40 Step forward onto left foot, close right foot next to left, step forward onto left foot

MOVING BACKWARD FOOT SWITCHES, FEET TOGETHER-JUMP BACK

- 41& Touch right heel forward, step right foot backward past left
42& Touch left heel forward, step left foot backward past right
43& Touch right heel forward, step right foot backward past left
44& Touch left heel forward, step left foot backward past right
45& Touch right heel forward, step right foot backward past left
46& Touch left heel forward, step left foot backward past right
47& Touch right heel forward, step right foot backward past left

48 Jump slightly backward with both feet together

REPEAT

RESTART

Restart after count 24 on walls 3, 6, 9, and 10

DANCE FINISH

After double restart

1-2 Cross step right foot over left, unwind $\frac{1}{2}$ left

3-4 Cross step right foot over left, unwind $\frac{1}{2}$ left & place right hand to hat brim (hold position to fade end)
