

No Mo Mo

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Un Momento Alla - Rick Trevino



TOE SWEEP RIGHT (RONDE), FORWARD CHA, HALF TURN RIGHT, FORWARD CHA

- 1-2 With weight on left, sweep right toe along floor from front, around to right side and then to back
- & With weight on ball of left, turn right $\frac{1}{2}$ bending right knee and placing right foot slightly in front of left
- 3&4 Step forward right, step left next to and slightly behind right, step forward right
- 5-6 Step forward left, turn right $\frac{1}{2}$ and shift weight forward to right foot
- 7&8 Step forward left, step right next to and slightly behind left, step forward left

CROSS BASICS RIGHT & LEFT

- 1-2 Step right across in front of left, replace weight back to left foot
- 3&4 Step right to right side, step left beside right, step right to right side
- 5-6 Step left across in front of right, replace weight back to right foot
- 7&8 Step left to left side, step right beside left, step left to left side with left toe pointing to left side to prepare for upcoming turn

17-24 FULL TURN LEFT, FORWARD CHA, WALK BACK AND CLAP

- 1 Pivot left $\frac{1}{2}$ on the ball of left and then step back right
- 2 Pivot left $1\frac{1}{2}$ on the ball of right and then step forward left

The above turn will progress toward wall $1\frac{1}{4}$ left of original.

- 3&4 Step forward right, step left next to and slightly behind right, step forward right
- 5-6 Step back left, right
- 7&8 Clap 3 times while holding foot position

WALK BACK & CLAP, CROSS OVER & FULL TURN, FORWARD CHA

- 1-2 Step back left, right
- 3&4 Clap 3 times while holding foot position
- 5 Cross left over right placing ball of left on floor
- 6 Shift weight briefly to left foot turning a full turn right and ending with weight on right foot crossed in front of left
- 7&8 Step forward left, step right next to and slightly behind left, step forward left

REPEAT
