

No Good Without You

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Karen Jones (UK)
音乐: The Music's No Good Without You - Cher



TOUCH BALL STEP, SWEEP, CROSS, LEFT LOCK STEP BACK, ROCK BACK RIGHT, RECOVER

- 1&2 Touch right toe next to left instep, small step back on to ball of right, small step forward on left
3-4 Sweep right foot forward and over left, finishing with right crossed over left weight on right foot
5&6 Left step back, right lock over left, left step back (alternative shuffle back)
7-8 Rock back on right, recover forward on left

RIGHT LOCK STEP FORWARD, STEP ¾ TURN RIGHT WITH HOOK, RIGHT LOCK FORWARD OUT, OUT, BALL CROSS,

- 9&10 Right step forward, left lock behind right, right step forward
11-12 Step forward left, pivot ¾ turn right on ball of left while hooking right in front of left
13&14 Right step forward, left lock behind right, right step forward
&15 Small step to left side with left foot, small step to right side with right foot
&16 Bring left in and slightly back on ball of foot, cross right over left

ROCK FORWARD LEFT RECOVER, TRIPLE 1 ½ (OR ½) TURN RIGHT, KICK, STEP, LOCK, STEP, ROCK FORWARD LEFT, RECOVER,

- 17-18 Rock forward left, recover weight on to right foot
19&20 ½ turn left stepping forward left, ½ turn left stepping back on right, ½ turn left stepping forward left, (total of 1& ½ turns left)

Alternative triple ½ turn left stepping left, right, left

- 21& Kick right foot forward, step right foot forward
22& Lock left foot behind right foot, small step forward on right foot
23-24 Rock forward left, recover weight on to right foot

1 ½ TURN, POINT RIGHT TO RIGHT, CROSS RIGHT OVER LEFT, POINT LEFT TO LEFT, CROSS/TURN, POINT RIGHT TO RIGHT

- 25-26 ½ turn left stepping forward left, ½ turn left stepping back on right,
27-28 ½ turn left stepping forward, point right to right side

Alternative

- 25 ½ turn left stepping forward left
26 Walk right
27 Walk left
28 Point right to right side

- 29-30 Cross right over left, point left to left side
31-32 Cross left over right unwind ½ turn to right, point right to right side

REPEAT