No Good Strut

拍数: 36

编舞者: Jim Callihan

音乐: I'm No Good - Brooks & Dunn

1 Step forward at a 45 degree angle with the right foot

- 2 Bring left instep to right heel and clap
- 3-8 Repeat 1 and 2 three times
- 9-12 Right vine with a ¼ turn to left

On step 11 turn Left foot toward turn; on step 12 brush right foot around and go right into next step.

级数:

- 13-16 Jazz box (crossing right over left)
- 17-20 Jazz box (crossing right over left)
- 21-22 Touch right toe out to right side and back home
- 23-24 Touch left toe out to left side and back home
- 25-26 Touch right toe out to right side and back home
- 27-28 Touch left toe out to left side and touch toe to right instep
- 29-30 Step left foot to the left (turning your toes to the left) and bring right instep to left heel and clap
- 31-32 Touch left toe out to left side and touch toe to right instep
- 33-34 Step left foot to the left (turning your toes to the left) and bring right instep to left heel and clap
- 35 Step left foot to the left (turning your toes to the left)
- 36 Make a ¹/₂ turn (pivot) to the left, swing right foot just above floor level ready to restaright

REPEAT

On Step 35, yell "Yee"

On Step 36 (pivot), yell "Haw" as you make the turn.





墙数:2