

# No Excuse

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Don McRitchie (AUS)  
音乐: Love Is No Excuse - Ernest Tubb & Loretta Lynn



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## FORWARD BACK, BACK, HOLD, BACK, LOCK, BACK, HOLD

- 1-2      Step forward on left, rock back on right
- 3-4      Step back on left, hold for one beat
- 5-6      Step back on right, lock left in front of right
- 7-8      Step back on right, hold for one beat

## BACK, FORWARD, FORWARD, HOLD, FORWARD, LOCK, FORWARD., HOLD

- 9-10      Step back on left, rock forward on right
- 11-12      Step forward on left, hold for one beat
- 13-14      Step forward on right, lock left behind right
- 15-16      Step forward on right, hold for one beat

## STEP, ROCK, CROSS, HOLD

- 17-18      Step left to left side, replace weight on to right
- 19-20      Cross left in front of right, hold for one beat
- 21-22      Step right to right side, replace weight on to left
- 23-24      Cross right in front of left, hold for one beat

## LEFT, ¼ TURN RIGHT, SHUFFLE

- 25-26      Step left to left side. Making ¼ turn right step on to right
- 27&28      Shuffle forward left-right-left

## STEP PIVOT ½ TURN LEFT, SHUFFLE

- 29-30      Step forward on to right, make ½ turn left on ball of right foot, step on to left
- 31-32      Shuffle forward right-left-right

## REPEAT

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