

No Denial

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Maureen Jones (UK) & Michelle Jones (UK)
音乐: Guilty - Blue



FULL TURN, WALKS, MAMBO, COASTER

1-2 Step right forward, on ball of right make full turn left and hook left across right
3-4 Walk forward left, right
5&6 Rock left forward, recover on right, step left beside right
7&8 Step right back, step left beside right, step right forward

STEP, ½ TURN, SHUFFLE, ¾ TURN, STEP, SWAY

9-10 Step left forward, on ball of left make ½ turn left and touch right beside left
11&12 Shuffle forward stepping on right, left, right
13-14 Make ¼ turn right and step left to left, make ½ turn right and step right to right
&15-16 Step left beside right, step right to right and sway right, step left to left

STEP, CROSS, SIDE, DIAGONAL BACK-ROCK-SIDE, DIAGONAL ROCK, BACK SHUFFLE

&17-18 Step right beside left, step left across right, step right to right
19&20 Rock left behind right, recover on right, step left diagonally forward left
21-22 Rock right across left, recover on left
23&24 Sweep right out and step back, step left beside right, step right back

¼ TURN POINT, ¼ TURN, SHUFFLE, ¼ TURN POINT, CROSS SHUFFLE, ¾ TURN

25 Make ¼ turn left and point left to left
26&27 Make ¼ turn right and shuffle forward stepping left, right, left
28 Make ¼ turn left and point right to right

On 5th wall only, dance count 28 as 'make ¼ turn left and touch right beside left', then restart the dance facing front wall

29&30 Step right across left, step left beside right, step right across left
31-32 Make ¼ turn right and step left back, make ½ turn right and step right forward

STEP, WALKS, TOUCH, BACK, TOUCH, BACK, BACK ROCK

&33-34 Step left beside right, walk forward right, left
35-36 Touch right toe forward, step right large step back
37-38 Touch left toe slightly back, step left large step back
39-40 Rock back on right, recover forward on left

REPEAT