

No Dancin' Today

COPPER KNOB
STYLEDANCE

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Linda Burgess (AUS) & Mitchell Burgess (AUS)
音乐: I Don't Feel Like Dancin' - Scissor Sisters



WALK FORWARD RIGHT, LEFT, RIGHT FORWARD COASTER, WALK BACK LEFT, RIGHT, LEFT COASTER, 1-8 REPEAT

- 1-2-3&4 Step forward right & cross slightly over left, step forward left & cross slightly over right, lock/shuffle forward right, left, right
- 5&6-7&8 Step forward left, pivot ¼ turn right, cross/step left over right, turn ¼ left & step back right, turn ¼ left & step left to left side, cross/step right over left
- 1&2-3&4 Rock/step left to left, replace weight to right, cross/step left over right, rock/step right to right, replace weight to left, cross/step right over left
- &5&6-7&8 Step left to left on ball of foot, cross/step right over left, step left to left on ball of foot cross/step right over left, turn ¼ right & step back left, step right beside left, step forward left
- 1&2&3&4 Cross/step right over left, step left back & slightly left, touch right heel to 45 right, step forward right to 45 right, touch left beside right, step left back & slightly left, touch right heel forward to 45 right
- &5-6-7&8 Step right beside left, step forward left, pivot ½ turn right replacing weight to right, turn ½ right & step back left, turn ½ right & step forward right, step forward left (optional shuffle forward left, right, left)
- 1&2&3&4 Step forward right, pivot ½ turn left replacing weight to left, step forward right, step forward left, touch right beside left, step forward right, touch left beside right
- &5-6-7&8 Step left to left, touch right behind left, unwind ¾ turn right replacing weight to right, replace weight to left & pop right knee forward, replace weight to right & pop left knee forward, replace weight to left & pop right knee forward (optional-use hips instead)
- 1&2 Step forward right, pivot ½ turn right on right & step left back on ball of foot, step right in place (sambas)
- 3&4 Step forward left, pivot ½ turn left on left & step right back on ball of foot, step left in place (sambas)
- 5&6&7-8 Kick right forward, step right beside left, touch left to left side, step left beside right, step forward right, pivot ½ turn left (weight left)
- 1&2-3&4 Rock/step forward right, replace weight to left, step back right, rock/step back left, replace weight to right, step forward left
- &5&6&7&8 Step right beside left, step forward left to left 45, lock right behind left, step forward left to left 45, lock right behind left, step forward left to left 45 (use any arm movements that feel good)
- 1&2-3&4 Turn 45 left & shuffle back right, left, right, turn ½ left & shuffle forward left, right, left
- 5&6-7&8 Rock/step forward right, replace weight to left, turn ½ right & step forward right, turn ½ right & step back left, turn ½ right & step forward right, step forward left (optional- shuffle forward left, right, left)
- 1&2-3&4 Rock/step right to right, replace weight to left, step right beside left, rock/step left to left, replace weight to right, step left beside right
- &5-6-7&8 Step right beside left, step back left, step back right, step back left, turn ¼ right & step right beside left, step forward left

REPEAT

RESTART

Restart on wall 3, after count 32

TAG

At the end of wall 6, you will be facing front. Add

1-4 Step forward right, pivot $\frac{1}{2}$ left, repeat

FINISH

Dance counts (1-44&), then continue step/lock/steps around to the front (to the left)
