

# No Changes

拍数: 32      墙数: 4      级数: Intermediate  
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音乐: Things I Cannot Change - The Mavericks



## TURN, HOLD

- 1            Swinging right over left, pivot  $\frac{1}{4}$  turn left on ball of left foot, stepping right forward
- 2            Hold for one count
- 3            Swinging left over right, pivot  $\frac{1}{2}$  turn right on ball of right foot, stepping left forward
- 4            Hold for one count

## CROSS SHUFFLE, ROCK STEPS

- 5            Swinging right over left, pivot  $\frac{1}{4}$  turn left on ball of left foot, stepping right over left
- &6          Step left foot to left, cross-step right over left
- 7-8         Rock left to left side, rock in place right

## TURN, HOLD

- 9            Swinging left over right, pivot  $\frac{1}{4}$  turn right on ball of right foot, stepping left forward
- 10          Hold for one count
- 11          Swinging right over left, pivot  $\frac{1}{2}$  turn left on ball of left foot, stepping right forward
- 12          Hold for one count

## CROSS SHUFFLE, ROCK STEPS

- 13          Swinging left over right, pivot  $\frac{1}{4}$  turn right on ball of right foot, stepping left over right
- &14         Step right foot to right, cross-step left over right
- 15-16      Rock right to right side, rock in place left

## SAILOR STEPS, PIVOT, SHUFFLE

- 17&18      Swing right behind left, step left slightly left, step right next to left
- 19&20      Swing left behind right, step right slightly right, step left next to right
- 21-22      Step forward right, pivot  $\frac{1}{2}$  turn left
- 23&24      Shuffle forward on right, stepping right, left, right

## ROCK STEPS, $\frac{3}{4}$ TRIPLE TURN, ROCK STEPS

- 25-26      Rock forward on left foot, rock in place right
- 27&28      Triple  $\frac{3}{4}$  turn left, stepping left, right, left
- 29-30      Rock forward on right, rock in place left
- 31-32      Rock back on right, rock in place left

## REPEAT

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