

No Bed Of Roses

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Jan Wyllie (AUS)
音乐: Bed of Roses - Faith Hill



2 STRUTS FORWARD, STEP LOCK STEP SCUFF

1-2-3-4 Strut forward right, left
5-6-7-8 Step forward on right, lock/step left behind right, step forward on right, scuff left forward

ROCK RETURN, COASTER STEP, STEP PIVOT 1/8 LEFT, STEP PIVOT 1/8 LEFT

9-10 Rock/step forward on left, rock back on right
11&12 Step back on left, step right beside left, step forward on left
13-14 Step forward on right, pivot 1/8 left transferring weight to left
15-16 Step forward on right, pivot 1/8 left transferring weight to left

STEP ACROSS HOLD, SIDE ROCK/RETURN, STEP ACROSS HOLD, SIDE ROCK/RETURN

17-18 Step right across left, hold
19-20 Side/rock left to left, rock/return weight sideways onto right
21-22 Step left across right, hold
23-24 Side/rock right to right, rock/return weight sideways onto left

CROSS SHUFFLE, SIDE ROCK/RETURN, 1/4 COASTER, STEP PIVOT 1/4

25&26 Cross/shuffle to the left stepping right, left, right
27-28 Side/rock left to left, rock/return weight sideways onto right
29&30 Step left behind right making 1/4 left, step right beside left, step forward on left
31-32 Step forward on right, pivot 1/4 left transferring weight to left

REPEAT

TAG

At the end of walls 1,4, and 8

1-2-3-4 Touch right heel forward, hold, touch right toe back, hold

RESTART

Restart on wall 7 after count 24
