

# Nitty Gritty

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Sho Botham (UK)  
音乐: Bang, Bang, Bang - Nitty Gritty Dirt Band



## STEP TOUCH AND STEP FORWARD, FORWARD, BACK, TOGETHER

Hands in front of thighs to start, loose fists, fingers facing legs

- 1-4            Step right to right raising right elbow to shoulder height, touch left beside right returning arm to start, reverse to left
- 5-8            Step forward right to right diagonal, step forward left to left diagonal, step back right, close left to right

## SIDE TOUCHES, STOMP, HITCH AND TOUCH COMBINATION

- 1&2            Touch right to right, switch touching left to left
- 3-4            Stomp left beside right, hitch left
- 5-6            Step left across right, touch right toe behind
- 7-8            Hitch right making  $\frac{1}{4}$  turn to right, step or stomp right slightly forward

**Arms: Coordinate arms to mirror steps. With elbows close to sides, right hand low to right on count 1, left hand low to left, count 2; arms lower to sides, count 3, raise hands to shoulder height with hitch on count 4**

## SYNCOPATED HITCH & EXTENDED TOUCH BACK COMBINATION

- 1-4            Hitch left, step back left, extended touch back right, hold position
- 5-8            Step right forward, hitch left, step back left, touch right beside left

## STEP SCUFF, CROSSING SHUFFLE INTO SIDE DOUBLE KNEE BEND AND INVERTED TOE/HEEL/TOE ACTION BRINGING FEET TOGETHER

- 1-2            Step right, scuff left, making  $\frac{1}{4}$  turn to right
- 3&4            Crossing shuffle left-right-left (left in front) traveling diagonally backwards to right diagonal back
- 5              Step right to right turned out, bending both knees
- 6-7 8        Invert or fan toes inwards, fan heels inwards, then place toes parallel.

**By count 8, feet should be together with straight legs. Arms: try small figure of eight hands to coordinate leg/feet moves on counts 6-8**

**REPEAT**

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