Nite Feelings (P)

级数: Partner



拍数: 32

编舞者: Terry French & Caroline French

墙数: 0

音乐: In This Life - Collin Raye



Position: Closed Western position. Man facing OLOD, Lady facing ILOD. Man's steps listed, lady on opposite footwork unless otherwise stated

SIDE, BACK ROCK, SIDE, BEHIND, SIDE, CROSS, SIDE SHUFFLE, SWAY RIGHT

1Step right to right side2&3Rock step left behind right, recover onto right, step left to left side4&5Cross step right behind left, step left to left side, cross step right over left6&7Step left to left side, step right beside left, step left to left side8Sway onto right

SWAY LEFT, BACK ROCK, ¼ TURN LEFT, COASTER STEP, ½ TURN, ½ TURN, STEP, STEP

- 1 Sway onto left
- 2&3 Rock step right behind left, recover onto left, turn ¼ turn left stepping back on right (fold)

On count 3 release man's left/lady's right hands and open out leaving man's right/lady's left hands behind respective shoulders

4&5 Step back on left, step right beside left, step forward on left

Release hands

Join inside hands

8 Step forward on left

STEP, STEP, LOCK, STEP, STEP, LOCK, STEP, ROCK, RECOVER, ½ TURN, ¼ TURN

- 1 Step forward on right
- 2&3 Step forward on left, lock right behind left, step forward on left
- 4&5 Step forward on right, lock left behind right, step forward on right
- 6&7 Rock forward on left, recover onto right, turning ½ turn left-step forward on left (RLOD)

On '&' count release hands, then join inside hands on count '7'

- 8 Turning ¼ turn left-step right to right side (OLOD)
- On count '8' return to closed western position

SWAY, BEHIND, SIDE, CROSS, SIDE SHUFFLE, SIDE, ROCK, CROSS, SIDE

- 1 Sway onto left
- 2&3 Cross right behind left, step left to left side, cross right in front of left
- 4&5 Step left to left side, step right beside left, step left to left side
- 6&7 Rock right to right side, recover onto left, cross right in front of left
- 8 Step left to left side

REPEAT