

# 9:2:5

拍数: 0                      墙数: 4                      级数: Intermediate/Advanced  
编舞者: Toni Holmes (UK)  
音乐: 9 To 5 - Dolly Parton



Sequence: ABB, ABB, BBB

## PART A

### SIDE RIGHT, CHASSE RIGHT, SIDE LEFT, CHASSE LEFT ¼ TURN LEFT

1-2                      Step right to right side, close left to meet  
3&4                      Step right to right side, close left to meet, step right to right side  
5-6                      Step left to left side, close right to meet  
7&8                      Shuffle ¼ turn left stepping left, right, left

### FORWARD ROCK, BACKWARDS SHUFFLE, BACKWARDS TOE STRUTS TWICE

1-2                      Rock forward on right, rock back onto left  
3&4                      Step back right, close left to meet, step back right  
5-6                      Step back on left toe drop heel  
7-8                      Step back on right toe drop heel

### HEEL STRUTS FORWARD, FORWARD ROCK, SHUFFLE BACK

1-2                      Step forward on left heel drop toe  
3-4                      Step forward on right heel drop toe  
5-6                      Rock forward on left, rock back onto right  
7&8                      Step back on left, close right to meet, step back on left

### BACK ROCK, SHUFFLE ½ TURN LEFT, SHUFFLE ½ TURN RIGHT

1-2                      Rock back on right, rock forward on left  
3&4                      Shuffle ½ turn left stepping right, left, right  
5-6                      Rock back on left, rock forward on right  
7&8                      Shuffle ½ turn right stepping left, right, left

### BACK ROCK, 3X PADDLE TURNS RIGHT, RIGHT TOUCH

1-2                      Rock back on right, rock forward on left  
3-4                      Touch right to right side, paddle ¼ turn left  
5-6                      Touch right to right side, paddle ¼ turn left  
7&8                      Touch right to right side, paddle ¼ turn left, tap left to right

## PART B (9:2:5)

### MAMBO LEFT, MAMBO BACK (ANGLED), RIGHT SAILOR, LEFT SAILOR

1&2                      Rock left to left side (9:00) rock onto right close left to right  
**Hand (optional): stretch out both arms at shoulder height and hold up nine fingers**  
3&4                      Rock back on left (5:00) close left to right  
**Hand (optional): stretch out right arm at shoulder height and hold up five fingers**  
5&6                      Step right behind left, step left to left side, step right to right side  
7&8                      Step left behind right, step right to right side, step left to left side

**On steps 3&4 twist body around to the left so that the rock is towards the 5:00 position on a clock, then as closing left to right straighten up to face original wall**

### CROSS UNWIND ¾ TURN RIGHT, FORWARD ROCK, SYNCOPATED WEAVE RIGHT

1-2                      Cross right behind left, unwind ¾ turn right  
3-4                      Rock forward on left, rock back on right

- &5 Step left behind right
- &6 Step right to right side, step left across right
- &7 Step right to right side, step left behind right
- &8 Step right to right side, step left across right

**SIDE ROCK, STEP BEHIND ¼ TURN LEFT, WALKS, FORWARD ROCK, COASTER**

- 1-2 Rock right to right side, rock on left
- 3&4 Cross right behind left make ¼ turn left step forward left, right
- 5-6 Rock forward on left, rock back on right
- 7&8 Step back on left, step back on right, step forward left

**STOMPS WITH ANGLES, FORWARD SHUFFLE ¾ TURN, BACK MAMBO**

- 1 Stomp right across left (angled at 9:00)
- 2 Stomp back on left (angled at 5:00)
- 3&4 Step forward right, close left to meet, step forward right
- 5-6 Make a ¾ turn right stepping left, right, left
- 7&8 Rock back on right, rock onto left, close right to left

**Start the dance after 8 counts, this is when the music hits a high note and is before the start of the lyrics.**

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