

9 To 5

拍数: 32 墙数: 4 级数: Beginner
编舞者: Nic Bartlam (UK)
音乐: 9 To 5 - Dolly Parton



HEEL, TAP, SHUFFLE, HEEL, TAP, SHUFFLE

1-2 Tap left heel forward, touch left toe next to right
3&4 Step forward on left, close right to left, step forward on left
5-6 Tap right heel forward, touch right toe next to left
7&8 Step forward on right, close left to right, step forward on right

ROCK STEP, COASTER STEP, ROCK STEP, COASTER STEP

1-2 Rock forward on left, replace weight back on to right
3&4 Step back on left, close right to left, step forward on left
5-6 Rock forward on right, replace weight back on to left
7&8 Step back on right, close left to right, step forward on right

ROCK STEP, SHUFFLE, ROCK STEP, WALK, WALK

1-2 Rock forward on left, replace weight back on to right
3&4 Step back on left, close right to left, step back on left
5-6 Rock back on right, replace weight back on to left
7-8 Step forward on right, step forward on left

STEP, TURN, SHUFFLE, STEP, TURN, STEP, TURN

1-2 Step forward on right, turn $\frac{1}{2}$ turn left (weight finishes on left)
3&4 Step forward on right, close left to right, step forward on right
5-6 Step forward on left, turn $\frac{1}{2}$ turn right (weight finishes on right)
7-8 Step forward on left, turn $\frac{1}{4}$ turn right (weight finishes on right)

REPEAT

TAG

The tag is danced at the end of the 3rd wall

1-2 Step left to left side, touch right to left
3-4 Step right to right side, touch left to right
5-6 Step forward on left, touch right next to left
7-8 Step back on right, touch left next to right