

# 9 To 5

拍数: 0                      墙数: 4                      级数: Intermediate  
编舞者: Caroline Stevens (SWE)  
音乐: 9 To 5 - Dolly Parton



Sequence: ABC, A, B to the end

## SECTION A:

### WALK FORWARD TWICE, ROCK AND CROSS TWICE, CHASSE LEFT

1-2                      Walk forward left and right (12:00)  
3&4                      Rock left to left, recover on right, cross left over right  
5&6                      Rock right to right, recover on left, cross right over left  
7&8                      Step left to left side, step right next to left, step left to left side

### WALK RIGHT/PIVOT ½ TURN TWICE, RIGHT CHASSE, LEFT COASTER STEP

1-2                      Step forward with right, pivot ½ turn left (6:00)  
3-4                      Step forward on right, pivot ½ turn left (12:00)  
5&6                      Step right to right, step left next to right, step right to right  
7&8                      Step back on left, step right beside left, step forward on left

### WALK FORWARD TWICE, ROCK AND CROSS TWICE, RIGHT CHASSE

1-2                      Step forward, right, left (12:00)  
3&4                      Rock right to right, recover on left, cross right over left  
5&6                      Rock left to left, recover on right, cross left over right  
7&8                      Step right to right, step left beside right, and step right to right

### WALK LEFT/PIVOT/WALK LEFT/PIVOT/ LEFT CHASSE, RIGHT COASTER STEP

1-2                      Step left foot forward, pivot ½ turn right (6:00)  
3-4                      Step left foot forward, pivot ½ turn right (12:00)  
5&6                      Step left foot to left side, close right foot beside left, step left foot to left side  
7&8                      Step back on right, step left beside right, step forward with right

## SECTION B:

### WALK X 3/KICK / HALF TURN SHUFFLE/ WALK/ KICK

1-2                      Walk forward, left, right(12:00)  
3-4                      Walk forward with left, kick right foot forward (12:00)  
5&6                      Make a ½ turn right and step forward on right foot, step left beside right, step right foot forward (6:00)  
7-8                      Step forward on left, kick right foot forward

### QUARTER TURN RIGHT/ CHASSE RIGHT/ ½ TURN RIGHT /LEFT CHASSE,/ KICK X4

1&2                      Turn a quarter to the right on ball of left and step right to right side, step left beside right, step right to right side (9:00)  
3&4                      Turn ½ turn to right and step left to left side, step right next to left, step left to left (3:00)  
5-6                      Kick right across left, kick left across right  
7-8                      Kick right across left, kick left across right

### DIAGONAL SHUFFLE TWICE/ WALK/PIVOT/WALK/PIVOT

1&2                      Step left forward diagonally left, lock right behind left, step left forward diagonally left (3:10)  
3&4                      Step right forward diagonally right, lock left behind right, step right diagonally forward right (3:20)  
5-6                      Step left foot forward, pivot ½ turn right (9:00)

7-8 Step left foot forward, pivot  $\frac{1}{2}$  turn right (3:00)

**4 PADDLE TURNS RIGHT/ 4 PADDLE TURNS LEFT**

- 1 Make a quarter turn to right on ball of right and touch left to left side (6:00)
- 2-4 Repeat the last step 3 more times to complete a full circle (3:00)
- 5 Make a quarter turn to left on ball of left and touch right to right side (12:00)
- 6-8 Repeat last step 3 more times to complete the circle (3:00)

**SECTION C:**

**WALK FORWARD 4 STEPS, WALK BACKWARDS 2 STEPS, STEP BACK AND TOUCH**

- 1-4 Step forward, right, left, right, left
  - 5-6 Step backwards, right, left
  - 7-8 Step backwards right, step back on left and touch left next to right (3:00)
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