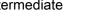
拍数: 32



级数: Intermediate

编舞者: Lee Birks (UK) & Lucy Durber (UK)

音乐: 9 To 5 - Dolly Parton





Start relaxed with head bowed and feet hip width apart equal weight

墙数:4

HEAD UP, SHOULDERS RIGHT-LEFT-RIGHT

1-4 Level head forward, roll right shoulder back, roll left shoulder back, roll right shoulder back and weight on right

KICK & CROSS, POINT, RIGHT SAILOR STEP

- 5&6 Kick left foot forward and cross left over right, touch right to right side
- 7&8 Step right behind left and step left to side, right forward

SKATE, LEFT-RIGHT-LEFT, ¼ TURN

- 9 Weight on right skate left foot left turning body to left diagonal
- 10 Weight on left skate right foot right turning body to right diagonal
- 11 Weight on right skate left foot left turning body to left diagonal
- 12 Complete 1/4 turn left

KICK & CROSS, POINT, LEFT SAILOR STEP

- 13&14 Kick right foot forward and cross right over left, touch left to left side
- 15&16 Step left behind right and step right to side, left forward

WALK RIGHT, LEFT, RIGHT SHUFFLE

- 17-18 Right forward, left forward
- 19&20 Right forward and left together, right forward

MODIFIED DIAGONAL MAMBO FORWARD TWICE

- 21&22 Cross left diagonal forward and weight shift right, left diagonal back
- 23&24 Cross left diagonal forward and weight shift right, left diagonal back

DIAGONAL STOMP FORWARD, STOMP, HEEL BOUNCES X 3

- 25-26 Stomp crossing left diagonal forward, stomp right foot down 1/2 turn right pivoting on ball of left foot weight equal
- 27&28 Bounce both heels three times while returning 1/2 turn left

COASTER STEP, OUT, OUT, (HEAD DOWN)

- Step left back and right back, left forward 29&30
- 31-32 Small step out right placing foot under right hip, small step left placing foot under left hip dropping head at the same time

REPEAT