

# 9 Till 5

拍数: 32                      墙数: 0                      级数:  
编舞者: Samantha Houghton  
音乐: 9 To 5 - Dolly Parton



## INTRO

Begin on the 3rd bar of music, with trumpet note

### BOX STEPS

- 1-2                      Step right over left, step left back
- 3-4                      Step right to right side, step left forward
- 5-8                      Repeat steps 1-4

### SHUFFLE, ¼ TURN AND HIP BUMPS

With vocal

- 1&2                      Right shuffle forward
- 3-4                      Turn ¼ to the right and step left to side pushing weight onto left hip, hold
- 5&6                      Bump hips twice to the right
- 7&8                      Bump hips twice to the left

### SHUFFLE WITH ¼ TURN, ¼ TURN AND HIP BUMPS

- 1&2                      Angling body to the right, shuffle forward on right (towards rear wall)
- 3-4                      Step forward left turning ¼ to the right, push weight onto left hip
- 5&6                      Bump hips twice to the right
- 7&8                      Bump hips twice to the left

### PADDLE TURNS AND SHUFFLE

- 1-6                      Three paddle turns with the right foot turning over the left shoulder to finish facing the starting wall
- 7&8                      Right shuffle forward

### PADDLE TURNS, ROCK, WEIGHT CHANGE

- 1-6                      Make three paddle turns with the left foot turning over the right shoulder to complete a full turn
- 7&                      Rock left to side & recover
- 8                      Step left next to right changing weight on to the left

## THE MAIN DANCE

40 counts 1 wall

### TOE POINTS WITH CROSSES, SAILOR ¼ TURN

- 1&2                      Point right toe to right side, to left instep and to right again
- 3&4                      Step right behind left, left to the side and cross right over left
- 5&6                      Point left toe to left side, to left instep and to left again
- 7&8                      Step left behind right, ¼ turn to the right stepping forward on right, step forward on left

### CHARLESTON KICKS, COASTER STEP

- 1-2                      Kick right foot forward, step right foot back
- 3-4                      Touch left toe back, step forward left
- 5-6                      Kick right foot forward, step right foot back
- 7&8                      Step back on left, step right next to left, step forward on left

### SHUFFLE, ¼ TURN, CROSS SHUFFLE & ROCK

- 1&2                      Right shuffle forward

- 3-4 Step forward left and turn  $\frac{1}{4}$  to the right
- 5&6 Cross shuffle left over right
- 7-8 Rock right to right side, recover weight onto left

**CROSS SHUFFLE, ROCK, SYNCOPATED CROSS WITH  $\frac{1}{4}$  TURN, LUNGE**

- 1&2 Cross shuffle right over left
- 3-4 Rock left to left side and recover weight onto right
- 5&6 Step left behind right, right to the side and cross left over right turning  $\frac{1}{4}$  to the right and shifting weight onto the left
- 7-8 Lunge to the right & recover, keeping weight on the left foot

**REPEAT**

**TAG**

The tag is danced at the end of the second wall

**BOX STEPS**

- 1-2 Step right over left, step left back
  - 3-4 Step right to right side, step left forward
  - 5-8 Repeat steps 1-4
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