

Nine Lives

COPPER KNOB
BY STEPHEN HETS

拍数: 64 墙数: 4 级数: Intermediate mixed rhythm
编舞者: Ken Wilson (USA)
音乐: Life #9 - Martina McBride



RIGHT SIDE SHUFFLE, ROCK BACK LEFT ¼ TURN, REPLACE RIGHT, LEFT SHUFFLE FORWARD, STEP RIGHT FORWARD PIVOT ½ LEFT

1&2-3-4 Side shuffle to right side, right, left, right, rock left back turning ¼ turn left, rock forward on right
5&6-7-8 Shuffle forward left, right, left, (9:00) step forward on right pivot ½ turn left

RIGHT HEEL, HOLD, LEFT HEEL, RIGHT HEEL ¼ RIGHT, STEP FORWARD ON LEFT ROCK BACK ON RIGHT, LEFT COASTER

1-2&3&4 Right heel forward, hold, right to center, left heel forward, left to center, turn ¼ right with right heel
&5-6-7&8 Right to center, step forward on left, rock back on right, step back left, step right together, step left forward, (left coaster step)

VINE OR ROLL RIGHT, TAP LEFT, VINE OR ROLL LEFT, TAP RIGHT

1-2-3-4 Step right to right, left behind, right to right side, tap left next to right
5-6-7-8 Step left to left, right behind, left to left side, tap right next to left

RIGHT KICK BALL CHANGE, ROCK FORWARD ON RIGHT, REPLACE BACK ON LEFT, ½ TURN RIGHT, RIGHT SHUFFLE FORWARD, STEP ON LEFT, TAP RIGHT

1&2-3-4 Kick right forward, step on right & step left forward (right kick ball change), rock forward on right back on left
5&6-7-8 Make ½ turn right shuffling forward right, left, right, step on left, tap right toe next to left

ROCK OUT TO RIGHT, REPLACE ON LEFT, RIGHT CROSS SHUFFLE, ROCK OUT LEFT, REPLACE ON RIGHT, LEFT SAILOR STEP

1-2-3&4 Rock out to right, back onto left, cross shuffle, right across left, left to left, right over right
5-6-7&8 Rock out to left, back onto right, step left behind right, step right to right, left to left, (left sailor)

½ TURN LEFT, STEPPING ON RIGHT, COMPLETE FULL TURN SHUFFLING LEFT, RIGHT, LEFT, CROSS & HEEL, BALL CROSS, & LEFT HEEL

1-2-3&4 Step forward right, turn ½ left, weight on right, ½ turning left shuffling left, right, left
5&6&7&8 Cross right over left, & step back on left, step right heel forward, step right together, cross left over right, & step back on right, & step left heel forward

& STEP LEFT TOGETHER, ROCK FORWARD ON RIGHT, REPLACE ON LEFT, ½ TURN RIGHT, RIGHT SHUFFLE FORWARD, ¼ TURN RIGHT, SHUFFLE LEFT, ROCK BACK RIGHT, REPLACE ON LEFT

&1-2-3&4& Step left together, rock forward on right, back on left, shuffle ½ turn right, right, left, right
5&6-7-8 Side shuffle left turning ¼ turn right, rock back on right, replace on left

SWEEP FULL TURN, ROCK TO RIGHT, REPLACE ON LEFT, RIGHT SAILOR, LEFT ¼ TURN, TAP RIGHT

1-2-3-4 Sweep right toe around in full turn left, rock out to right, back on left
5&6-7-8 Step right behind left & step left to left, step right to right (right sailor step) make ¼ turn left, stepping on left, tap right beside left

REPEAT

TAG

End of wall 3 (facing front) & end of wall 7 (facing front)

1-4 Step right to right, tap left, step left to left, tap right

TAG

End of wall 9 (facing front)

1-12 Side shuffle to right, rock back replace, side shuffle to left, rock back replace, 2 left ½ turn pivots

RESTART

2nd wall after 32 counts (facing back) and 4th wall after 32 counts (facing front), 6th wall after 32 counts (facing back)

Thanks Pam for the considerable amount of time you spent helping me.
