

Nine Eleven

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Nine Eleven - The Tractors



SIDE ROCK, SAILOR STEP, SIDE ROCK SAILOR STEP

1-2 Rock right to right side, recover weight onto left
3&4 Step right behind left, rock left to left side, rock right to right side
5-6 Rock left to left side, recover weight onto right
7&8 Step left behind right, rock right to right side, rock left to left side

ROCK STEP, TRIPLE FULL TURN, ROCK STEP, STEP LOCK BACK

9-10 Rock forward onto right, recover weight onto left
11&12 Turn full turn over right shoulder on right, left, right
13-14 Rock forward on left, recover weight onto right
15&16 Step back on left, lock right in front of left, step back on left

ROCK STEP, HIP WALKS FORWARD, ROCK STEP, COASTER STEP

17-18 Rock back onto right, recover weight onto left
19&20 Walk forward on right, left, right (as you do this bend your knees slightly and swing hips right, left right)
21-22 Rock forward onto left, recover weight onto right
23&24 Step back on left, step right up to left, step left slightly forward

¼ TURN TOUCH, HOLD X3, ELVIS KNEE, UP & DOWN BUMPS

25-26 Turn ¼ turn left, pointing right toe to right side, hold
27-28 Hold, turn right knee into left knee, with weight on left and ball of right foot,
29&30 Bump right hip up, bump right hip down
&31&32 Bump right hip up, bump right hip down (your knees will be slightly bent as you do steps 29-32)

REPEAT

TAG

At the end of wall 8 do counts 1-8 once, then do counts 25-32 twice, then start again.