

The Night Shift

拍数: 68 墙数: 4 级数: Intermediate
编舞者: Ian Dunn (AUS)
音乐: The Night Shift - Aaron Tippin



KICK, KICK, BESIDE, FORWARD, KICK, KICK, BESIDE, FORWARD

1-2-3-4 Kick right forward, kick right forward, step right beside left, step left forward
5-6-7-8 Kick right forward, kick right forward, step right beside left, step left forward

SCUFF, SWING, SCUFF, SWING, SCUFF, CROSS, BACK, FORWARD

1-2-3-4 Scuff right beside left, swing right forward, scuff right beside left, swing right back
5-6-7-8 Scuff right beside left, cross right over left, turn ¼ turn (right) step left back, right forward

LOCK STEP, HOLD, FORWARD. ¼ TURN, CROSS, HOLD

1-2-3-4 Lock step forward left, right, left, hold
5-6-7-8 Step right forward, turn ¼ turn (left) step left to left, cross step right over left, hold

SIDE SHUFFLE, ROCK, RETURN, SIDE SHUFFLE, ROCK, RETURN

1&2-3-4 Side shuffle left-right-left, rock step right behind left, replace weight on left
5&6-7-8 Side shuffle right-left-right, rock step left behind right, replace weight on right

½ TURN PIVOT, ½ TURN, ½ TURN, SHUFFLE ½ TURN

1-2-3-4 Touch left forward & pivot ½ turn (right), left toe forward turning ½ turn (right) drop heel
5-6-7&8 Right toe back turning ½ turn (right) drop heel, shuffle left, right, left turning ½ turn (right)

ROCK BACK, FORWARD, ½ TURN, ½ TURN, SHUFFLE ¼ TURN

1-2-3-4 Rock back on right, return on left, right toe forward turning ½ turn (left) drop heel
5-6-7&8 Left toe back turning ½ turn (left) drop heel, shuffle right, left, right turning ¼ turn (left)

ROCK STEP, HOLD, FORWARD. ¼ TURN, CROSS, HOLD

1-2-3-4 Rock step left back, return weight on right, touch left forward pivot ½ turn (right)
5-6-7-8 Rock left forward, return weight on right pivoting ½ turn(left), left forward, hold

FORWARD, ½ TURN, FORWARD, HOLD, WALK LEFT, RIGHT, LEFT, HOLD

1-2-3-4 Step right forward, pivoting ½ turn (left) step onto left, right forward, hold
5-6-7-8 Step forward left, right, left (heels in toes out twisting the reverse-chicken walk), hold

KNEE ROLL, KNEE ROLL

1-2 Step right toe forward, roll knee to right circular motion & drop heel
3-4 Step left toe forward, roll knee to left circular motion & drop heel

REPEAT

TAG

On wall 2 drop the last 4 counts

FINISH

Complete the back wall to beat 40, then stomp left forward