

Nickajack Cave

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Intermediate west coast swing
编舞者: Kathy Brown (USA)
音乐: Nickajack Cave - Gary Allan



WALK FORWARD RIGHT, LEFT, RIGHT ANCHOR STEP, WALK BACK LEFT, RIGHT, LEFT ANCHOR STEP

1-2 Walk forward right, left
3&4 Step right behind left, change weight to left, change weight to right

Option: triple in place

5-6 Walk back left, right
7&8 Step left behind right, change weight to right, change weight to left

Option: triple in place

WALK FORWARD RIGHT, LEFT, FULL TRIPLE TURN LEFT, ROCK RETURN, LEFT COASTER

1-2 Walk forward right, left
3&4 Turning ½ left step right back, turning ½ left step left forward, step forward right

Option: right forward triple

5-6 Rock forward left, return right
7&8 Step left back, step right next to left, step left forward

PIVOT ¼ LEFT, SYNCOPATED RIGHT JAZZ, CROSS, SIDE, LEFT SAILOR

1-2 Step right forward, pivot ¼ left
3&4 Cross right over left, step back left, step right to side
5-6 Cross left over right, step right to side
7&8 Step left behind right, step right to side, step left to side

SIDE BEHIND, ¼ TURN LEFT, LEFT ½ TURN TRIPLE, FULL BACK TURN, KICK BALL ¼ TURN, POINT

1-2 Step right behind left, step left ¼ left
3&4 Step right to side turning ¼ left, step left next to right, step right back turning ¼ left
5-6 Turning ½ left step left forward, turning ½ left step right back

Option: walk back left, right

7&8 Kick left forward, turning ¼ left step left down, point right to side

REPEAT
