

Nia Special

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Bye Bye - Ninon



RIGHT HEEL TOUCHES & CHANGE

- 1 Touch right heel to right side
- 2 Touch right heel forward
- 3 Touch right heel to right side
- & Bring right foot beside left & change weight
- 4 Touch left toe beside instep of right foot

LEFT HEEL TOUCHES & CHANGE

- 5 Touch left heel to left right side
- 2 Touch left heel forward
- 3 Touch left heel to left side
- & Bring left foot beside left & change weight
- 4 Touch right toe beside instep of left foot

2 RIGHT KICK BALL TURNS LEFT, CROSS RIGHT $\frac{3}{4}$ TURN LEFT, KICK BALL CHANGE

- 1&2 Right turning kick ball change ($\frac{1}{4}$ turn left)
- 3&4 Right turning kick ball change ($\frac{1}{4}$ turn left)
- 5 Cross right over left start $\frac{3}{4}$ unwind to left
- 6 Complete unwind to left
- 7&8 Right kick ball change

GRAPEVINE RIGHT & HOLD

- 1 Step right with right foot
- 2 Cross left behind right
- 3 Step right with right foot
- & Cross left in front of right foot
- 4 Step right with right foot
- 5 Cross left behind right
- 6 Step right with right foot
- 7 Stomp left foot left
- 8 Hold

CROSSES & HOLDS

- 1 Cross right over left
- 2 Hold
- 3 Step left with left foot
- 4 Hold
- 5 Cross right over left
- 6 Hold
- 7 Step left with left foot
- 8 Hold

REPEAT