

拍数: 32      墙数: 4      级数:  
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音乐: No News - Lonestar



## OUT-OUT, IN-IN, HEEL, TOE, HEEL, TOE, ¼ TURN

- &1            Jump out with feet slightly apart stepping left-right
- 2            Clap
- &3            Jump out bringing feet together stepping left-right
- 4            Touch left heel forward and clap
- 5            Touch left toe behind
- 6            Touch left heel forward
- 7            Touch left toe behind
- 8            Pivot ¼ turn to the left placing weight on the left foot and touch right next to left all at the same time.

## STEP, PIVOT ½, STEP, TOUCH, PIVOT ½, PIVOT ½, PIVOT ½, POLKA

- 9            Step forward on the right foot.
- 10           Pivot ½ turn to the left and place weight on left foot
- 11           Step forward on the right foot.
- 12           Bring left foot to the right and touch
- 13           Step out on the left as you do a ½ turn to the left
- 14           On the ball of the left foot, pivot ½ turn to the left and transfer your weight to the right
- 15           On the ball of the right foot, pivot ½ turn to the left, stepping out on the left foot to begin a triple step forward. (counts 15&16 are a triple step traveling forward.)
- &16           Complete triple step by sliding right foot to the left and then stepping out again on the left foot

## STEP RIGHT, TOUCH/SNAP, PIVOT ½, TOUCH/SNAP, KICK, KICK, PIVOT ½, STEP

- 17           Step to the right on the right foot.
- 18           Touch the left next to the right foot and snap your fingers.
- 19           On the ball of the right foot, pivot ½ turn to the right and step out on the left foot.
- 20           Touch the right next to the left foot and snap your fingers.
- 21           Kick the right foot forward.
- 22           Kick the right foot forward again.
- 23           On the ball of the left foot, pivot ½ turn to the left as you kick your right foot behind.
- 24           Step forward on the right foot.

## BACK TWO, COASTER STEP, KICK, KICK, PIVOT ½, STEP

- 25           Walk back on the left foot
- 26           Walk back on the right foot
- 27           Walk back on the left foot.
- &28           Walk back on the right foot and then step forward on the left foot.
- 29           Kick the right foot forward
- 30           Kick the right foot forward again.
- 31           On the ball of the left foot, pivot ½ turn to the left as you kick your right foot behind.
- 32           Step on the right foot next to the left

**REPEAT**

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