The Newfie Stomp

拍数: 60

级数: Intermediate

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音乐: Doin' The Newfie Stomp - The Fables

WEAVE LEFT WITH HEEL JACK, WEAVE RIGHT WITH HEEL JACK

- 1-3 Cross step right over left, step left to side, cross step right behind left
- &4 Step left to side, touch right heel diagonally forward right

墙数:4

- &5 Step right beside left, cross step left over right
- 6-7 Step right to right side, cross step left behind right
- &8 Step right beside left, touch left heel diagonally forward left

ROCK STEP, SHUFFLE ½ TURN BACKWARDS, ROCK STEP, SHUFFLE ½ TURN

- &1-2 Step left beside right, rock forward on right, recover weight on left
- 3&4 Triple in place turning ¹/₂ right stepping right, left, right

Travel slightly back

- 5-6 Rock forward on left, recover weight on right
- 7&8 Triple in place turning ½ left stepping left, right, left

Travel slightly back

HEEL STRUTS X 4

- 1-2 Step forward with right heel, drop right toe to floor
- 3-4 Step forward with left heel, drop left toe to floor
- 5-6 Step forward with right heel, drop right toe to floor
- 7-8 Step forward with left heel, drop left toe to floor

JAZZ BOX TWICE

- 1-2 Cross step right over left, step left back
- 3-4 Step right to right side, step left beside right
- 5-6 Cross step right over left, step left back
- 7-8 Step right to right side, step left beside right

STOMP X 4, SHUFFLE RIGHT, BACK ROCK

- 1-4 Turn a full turn to the right while stomping in place right, left, right, left
- 5&6 Step right to side, step left beside right, step right to side
- 7-8 Rock left back, recover onto right

SHUFFLE LEFT, BACK ROCK, SHUFFLE FORWARD, STEP, ½ PIVOT

- 1&2 Step left to side, step right beside left, step left to side
- 3-4 Rock right back, recover onto left
- 5&6 Step forward on right, step left next to right, step forward on right
- 7-8 Step forward on left, turn ½ right (weight to right)

SHUFFLE FORWARD, STEP PIVOT ½ LEFT, ROCK, COASTER STEP

- 1&2 Step forward on left, step right next to left, step forward on left
- 3-4 Step forward on right, turn ½ left (weight to left)

Restart here on 6th wall

- 5-6 Rock forward on right, recover on left
- 7&8 Step back on right, step left next to right, step forward on right

Tag here on 5th wall and restart after tag on 5th wall

ROCK, COASTER ¼ TURN RIGHT





- 1-2 Rock forward on left, recover on right
- 3&4 Step back on left, turn ¼ right and step right next to left, step forward on left

REPEAT

TAG On 5th wall, after count 56 1-2 Hold

RESTART Restart on 5th wall, after tag Restart on 6th wall, after count 52