

New Way

拍数: 48 墙数: 4 级数: Improver waltz
编舞者: Johnny Two-Step (UK)
音乐: New Way To Fly - Garth Brooks



STEP, TAP, TAP, STEP, TAP TAP

1-3 Step forward on left foot, tap right toe to right side, tap right toe forward
4-6 Step forward on right foot, tap left toe to left side, tap left toe forward

ROCK, REPLACE, STEP BACK, HALF TURN, HALF TURN, STEP IN PLACE

1-3 Rock forward on left foot, replace back on right, step back on left
4-6 Half turn over right shoulder, stepping on right foot, half turn over right shoulder, stepping back on left foot, step right in place

ROCK ACROSS, REPLACE, QUARTER TURN LEFT, ROCK ACROSS, REPLACE, STEP SIDE

1-3 Rock left foot over right foot, recover weight onto right, make a quarter turn left, stepping forward on left foot
4-6 Rock right over left, replace on left, step right foot to right side

CROSS, UNWIND, ROCK, REPLACE, QUARTER LEFT

1-3 Cross left foot over right, pivot $\frac{3}{4}$ turn right for 2 counts, weight on right foot
4-6 Rock left over right, recover on right, make a $\frac{1}{4}$ turn left, stepping forward on left foot

ROCK ACROSS, REPLACE, STEP RIGHT, ROCK BACK, REPLACE, STEP LEFT

1-3 Rock right foot over left, recover on left, step right foot to right side
4-6 Rock back on left, recover on right, step left to left side

ROCK BACK, RECOVER ON LEFT, STEP RIGHT TO RIGHT SIDE, CROSS $\frac{3}{4}$, UNWIND

1-3 Rock back on right, replace on left, step right to right side
4-6 Cross left foot over right, make $\frac{3}{4}$ turn over right shoulder, weight onto right

STEP $\frac{1}{2}$ TURN, STEP BACK, STEP BACK, BACK, IN PLACE

1-3 Step forward on left foot, make $\frac{1}{2}$ turn stepping back on right foot, step in place with left
4-6 Step back on right, step back on left, step right in place

STEP, $\frac{1}{2}$ TURN, $\frac{1}{4}$ TURN, CROSS, SIDE, REPLACE

1-3 Step forward on left, make a $\frac{1}{2}$ turn left stepping back on right, make a $\frac{1}{4}$ turn left stepping to left side
4-6 Cross right over left, step left to left side, replace on right

REPEAT