

New Orleans Rock

COPPER KNOB
BY STEPHENETS

拍数: 90 墙数: 0 级数:
编舞者: Janet C. Williams
音乐: New Orleans - Hank Williams Jr.



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- 1-4 Right heel out and back 2 times
5-8 Left heel out and back 2 times (when bringing left foot back, just touch it- no weight).
9-10 Step forward on left foot, kick right foot out to front
11-12 Step back on right foot, touch left foot back
13-14 Step forward on left foot, kick right foot out to front
15-16 Step back on right foot, touch left foot back
- 17-18 Step forward on left foot and pivot right foot
19-21 Grapevine to the left
22 Feet together
23-26 Right foot out to right side and back 2 times
27-28 Right foot to back and to home
29-30 Right foot to right and home
- 31-34 Left foot out to left side and back 2 times
35-36 Left foot to back and to home
37-42 Left foot to left side and home, two heel splits
43-46 Right foot forward and do 4 hip swings to right- shoulders forward
47-50 Balance on right heel and do 4 hip swings to the back- pelvic rock
51-58 Repeat steps 43 to 50
- 59-62 Take 4 swivel side steps to left
63-66 Right heel out and back 2 times
67-70 Grapevine to right, ending with left knee raised
71-74 Grapevine back to left, feet together
75-78 Two heel splits
- 79-80 Left heel to front, left foot hook in front of right leg
81-82 Left heel to front and back to home
83-84 Right heel to front, right foot hook in front of left leg
85-86 Right heel to front and back to home
87-90 Right foot out to front and back 2 times.

REPEAT
