

Never Get Up

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Steve Dean (UK)
音乐: Coffee in Bed - Tom Paxton



ROCK STEPS (FORWARD, SIDE, BACK), TOUCH, SCUFF

1-2 Rock forward on right, recover on left
3-4 Rock side on right, recover on left
5-6 Rock back on right, recover on left
7-8 Touch right toe beside left, scuff right foot forward

STEP, LOCK, STEP, HOLD, STEP, ¼ TURN RIGHT, CROSS STEP, HOLD

9-12 Step forward right, close left behind right, step forward right, hold
13-16 Step forward left, ¼ turn to right, cross left over right, hold

SIDE ROCK CROSS, HOLD, SIDE ROCK CROSS, HOLD

17-18 Rock right to right side, rock onto left in place
19-20 Cross right over left, hold
21-22 Rock left to left side, rock onto right in place
23-24 Cross left over right, hold

BACK, LOCK, BACK, HOLD, ¾ TRIPLE TURN (LEFT), HOLD

25-28 Step back right, close left across right, step back right, hold
29-32 (Turning ¾ left) step left, right, left, hold

SIDE ROCK CROSS, HOLD, SIDE ROCK CROSS, HOLD

33-34 Rock right to right side, rock onto left in place
35-36 Cross right over left, hold
37-38 Rock left to left side, rock onto right in place
39-40 Cross left over right, hold

SIDE, ROCK, CROSS, BACK (¼ TURN RIGHT), BACK, FORWARD, TOUCH HOLD

41-43 Rock side right, recover on left, cross right over left
44-45 Step back on left (turning ¼ turn right), step back right
46-48 Step forward left, touch right to side, hold

STEP, LOCK, STEP, HOLD, ROCK, HOLD, RECOVER, HOLD

49-52 Step forward right, close left behind right, step forward right, hold
53-56 Rock forward left, hold, recover on right, hold

½ TURN, LOCK, STEP, HOLD, STEP, HOLD, ½ PIVOT TURN, HOLD

57-58 Step back left (turning ½ turn left), close right behind left
59-60 Step forward left, hold
61-62 Step forward right, hold
63-64 ½ pivot turn to left (weight on left foot), hold

REPEAT

RESTART

Restart on 2nd wall after 16 counts (restarts on verse vocals facing front wall)
Restart on 6th wall (right hand wall - 1st time facing that wall) after 32 beats

