

Never Been Better

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Val Reeves (UK)
音乐: I've Been Better - Brad Paisley



TOE SWEEPS, SHUFFLES

1-2 Right toe touch forward, sweep round $\frac{1}{4}$ turn right
3&4 Right shuffle forward
5-6 Left toe touch forward, sweep round $\frac{1}{4}$ turn left
7&8 Left shuffle forward

WALK, WALK, SHUFFLE, ROCK, TURN, SHUFFLE

9-10 Walk forward right, then left
11&12 Right shuffle forward
13-14 Left rock forward, rock back on right
15&16 Turning $\frac{1}{2}$ turn left, left triple step (shuffle)

SHUFFLE, TURN, ROCK BACK, FORWARD, COASTER STEP

17&18 Turning $\frac{1}{2}$ turn left, right triple step(shuffle)
19-20 Rock back on left, rock on right
21-22 Rock forward on left, rock back on right
23&24 Coaster step (left step back, right step beside left, left step forward)

SYNCOPATION, SIDE STEPS

25-26 Right toe touch right side, hold
&27&28 Left step beside right, at same time right moves right, left step beside right, at same time right steps right

CROSS, ROCK, $\frac{1}{4}$ SHUFFLE

29-30 Left rock across right, take weight on right
31&32 Left shuffle turning $\frac{1}{4}$ turn left

ROCK, FORWARD, BACK COASTER

33-34 Right rock forward, rock back on left
35&36 Right coaster step(right step back, left beside right, right forward)
37-38 Left rock forward, right rock back
39&40 Left coaster step (left step back, right step beside left, left step forward)

ROCK AND SHUFFLE, TURN, PIVOT TURN, SHUFFLE

41-42 Rock forward on right, rock back on left
43&44 Turning $\frac{1}{2}$ turn right on right shuffle
45-46 Step forward left, pivot turn $\frac{1}{2}$ turn right
47&48 Left shuffle forward

49-64 Repeat steps 33-48

REPEAT

TAG

On walls 1 3 and last wall add 4 counts by swaying hips right left right left start again on last wall add sways rock forward back shuffle turn $\frac{1}{2}$ right then 3 sways to finish. Only dance tags to music above not needed on other music

