

Nelly I...Love U!

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Jenna Nelson
音乐: Dilemma (feat. Kelly Rowland) - Nelly



Start the dance when Kelly sings "no matter what I do"

SIDE STEP & CROSS ¼ TURN LEFT, WALK TWICE, SYNCOPATED ½ TURN LEFT

1-2 Step right to right side. Slide left towards right
3& Step left back. Cross right over left
4 Step left to left side making ¼ turn left
5-6 Walk right, left
7&8 Step right foot forward making ½ turn over left shoulder, step left forward, step right foot forward

SYNCOPATED WEAVE RIGHT, KICK & CROSS, UNWIND ¾ TURN RIGHT

9-10 Cross left over right, step right to right side
11&12 Cross left behind right, step right to right side, cross left over right
13&14 Kick right forward, step right beside left, cross left over right
15-16 Unwind ¾ turn right

ROCK & CROSS TWICE, CHASSE LEFT, BACK ROCK

17&18 Rock left to left side, rock onto right in place, cross left over right
19&20 Rock right to right side, rock onto left in place, cross left over right
21&22 Step left to left side, close right beside left, step left to left side
23-24 Rock back on right, rock forward onto left

HITCH SLIDE TWICE, KICK OUT OUT, COASTER TURN

25-26 Hitch right leg, step right to right side, slide left next to right
27-28 Hitch left leg ½ turn right, step left to left side, slide right next to left
29&30 Kick right forward, step right out to right side, step left out to left side
31&32 Cross right behind left, step left to place, step right ¼ turn right

LEFT SHUFFLE, ½ MONTEREY TURN, SIDE ROCK, WEAVE

33&34 Step forward left, close right beside left, step forward left
35-36 Point right to right side, pivot ½ turn right on left, touching right beside left
37-38 Rock left to left side, step right in place
39-40 Cross left behind right, step right to right side, cross left over right

REPEAT

RESTART

At wall 8 dance up to counts 1-24 then restart the dance again.