

Neglige

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Lisa Martin (UK)
音乐: Love Machine - Girls Aloud



JAZZ BOX, SHIMMIES

1-2 Cross left over right, step back right
3-4 Step left to left side, step right next to left
5&6 Shimmy shoulders forward
7&8 Shimmy shoulders back

Optional: click fingers during the jazz box

STEP TOUCHES, LOCK STEPS, SCUFFS

1&2& Step right to right side, touch left beside right, body angled to right diagonal, step left to left side, touch right beside left, body angled to left diagonal
3&4& Step right to right side, touch left beside right, body angled to right diagonal, step left to left side, touch right beside left, body angled to center
5&6& Step right forward, step left behind right, step right forward, and scuff left foot forward
7&8& Step forward left, step right behind left, step left forward, and scuff right foot forward

Optional: hold hands behind your back during step touches

STEP PIVOT ½, SIDE SHUFFLE, KICK STEPS, ¼ KICK STEPS, TOUCH

1-2 Step forward right, pivot ½ left
3&4 Step right to right side, step left next to right, step right to right side
5&6& Kick left forward, step left next to right, kick right forward, step right next to left
7&8& Make ¼ turn right, kick left forward, step left beside right, kick right forward, touch right next to left

SIDE SHUFFLE, COASTER STEP, PIVOT ½, SLIDE, TOUCH

1&2 Step right to right side, step left next to right, step right to right side
3&4 Step left behind right, step right to right side, step forward left
5-6 Step forward right, pivot ½ left
7&8 Slide right to right side, drag left foot next to right, and touch left next to right

REPEAT

TAG

At the end of walls 2 and 5 perform this 32 count tag

CROSS POINTS, CROSS UNWIND ½

1-2 Cross left over right, point right to right side
3-4 Cross right over left, point left to left side
5-6 Cross left over right, point right to right side
7-8 Cross right over left, unwind ½ left and put the weight on the right foot

CROSS POINTS, CROSS UNWIND ½

1-2 Cross left over right, point right to right side
3-4 Cross right over left, point left to left side
5-6 Cross left over right, point right to right side
7-8 Cross right over left, unwind ½ left and put the weight on the right foot

SHUFFLE FORWARD, FULL TURN, SHUFFLE FORWARD, MAMBO

1&2 Step left forward, step right next to left, step left forward

- 3-4 Make a full turn left on right left
- 5&6 Step forward on right, step left next to right, step forward on right
- 7&8 Rock forward on left, recover on right, step back left

SLIDES, COASTER STEP, PIVOT ½, PIVOT ½

- 1-2 Slide right foot back, slide left foot back
 - 3&4 Step back on right, step left next to right, step forward on right
 - 5-6 Step forward left, pivot ½ right
 - 7-8 Step forward left, pivot ½ right
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