

Ne Fais Pas Cha Cha

拍数: 32 墙数: 0 级数:
编舞者: Luce Scott (CAN)
音乐: Ne fais pas ça - Paul Piché



CHASSE RIGHT, CROSS ROCK & RECOVER, CHASSE LEFT, CROSS ROCK BEHIND & RECOVER

1&2 Step right foot to right side, step left foot to place beside right, step right foot to right side
3-4 Cross rock left foot over right, recover weight back onto right foot
5&6 Step left foot to left side, step right foot to place beside left, step left to left side
7-8 Cross rock right foot behind left, recover weight back onto left foot
On counts 3 and 7, extend right arm to right side and left arm to left side for some added style

CHA-CHA TWINKLES (3 SETS), KICK BALL TOUCH

9&10 Angling upper body to the right, step right foot forward and across left; step left slightly to side; step right foot next to left
Arm styling: bring left arm in front of chest keeping right arm extended
11&12 Angling upper body to the left, step left foot forward and across right; step right slightly to side, step left foot next to
Arm styling: bring right arm in front of chest and extend left arm to side
13&14 Repeat 9&10 (with arm styling) ending squared off to wall
15&16 Kick left foot forward; step down on ball of left foot next to right; touch right toes to right side, keeping body squared off to wall

KICK BALL TOUCH WITH TWO ¼ TURNS RIGHT, CHA-CHA TWINKLES (3 SETS)

17&18 While pivoting a ¼ turn right on left foot, kick right foot forward; step back on ball of right foot making another ¼ turn right; touch left toes to left side
On count 18, look to your left and extend your left arm to the side
19&20 Angling upper body to the left, step left foot forward and across right; step right slightly to side; step left foot next to right
Arm styling: bring right arm in front of chest keeping left arm extended
21&22 Angling upper body to the right, step right foot forward an across left, step left slightly to side, step right foot next to
Arm styling: bring left arm in front of chest and extend right arm to side
23&24 Repeat 19&20 (with arm styling) ending squared off to wall

STEP FORWARD, PIVOT ½ TURN, STEP BACK, ½ TURN LEFT, MAMBO STEP, COASTER TURN

25-26 Step right foot forward, pivot ½ turn left (weight on left)
27-28 Step right foot back, pivot ½ turn left on right foot and step forward on left
29&30 Rock right foot to right side, recover weight back onto left foot, step right foot forward
31&32 Step back with left foot, step together with right foot and step forward with left foot making a ¼ turn left

REPEAT