

NCP Blue

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Love That Woman - The Kentucky Headhunters



JAZZ BOX CROSS, OUT-IN-OUT, BEHIND - SIDE - IN FRONT

1-2 Cross right over left, step back left
3-4 Step right to right, cross left over right
5&6 Touch right to right side, touch right in place, touch right to right side
7&8 Step right behind left, step left to left, cross right in front of left

FULL TURN PUSH TURN, KICK - BALL - BACK, TWO SYNCOPATED SCOOTs BACK, STEP

&9 Hitch left, touch left to left while making quarter turn right on ball of right
&10 Hitch left, touch left to left while making quarter turn right on ball of right
&11 Hitch left, touch left to left while making quarter turn right on ball of right
&12 Hitch left, touch left to left while making quarter turn right on ball of right

Right foot stays in place throughout turn

13&14 Kick left forward, step left in place, touch right toe back.
15&16 Small scoot back on left, small scoot back on left, step right forward

Foot should stay in contact with floor while scooting and right knee hitched

Alternate steps for 15&16, tap right next to left, tap right next to left, step right forward

STEP - STOMP, THREE SYNCOPATED JUMPS, QUARTER SAILOR TURN, STEP - TOUCH

17-18 Step left forward, stomp right next to right
19&20 Small jump both feet right, small jump both feet right, small jump both feet right

Point heels slightly right while jumping

21&22 Step right behind left making quarter turn right, step left in place, step right in place
23-24 Step forward left, touch right toe behind left

Alternate steps for 19&20, touch right to right, touch right in place, touch right to right

ROCK - RECOVER, RIGHT SHUFFLE, STEP - TURN, LEFT SHUFFLE

25-26 Rock back on right, recover weight to left. (lift left heel while rocking back.)
27&28 Step right forward, close left to right, step right forward
29-30 Step left forward, pivot half turn right
31&32 Step left forward, close right to left, step left forward

REPEAT
