

# Natural Flow

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 2      级数: Beginner  
编舞者: Maureen Jones (UK) & Michelle Jones (UK)  
音乐: If It Don't Come Easy - Tanya Tucker



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## DIAGONAL STEP, TOGETHER, HEEL TWIST, DIAGONAL STEP, TOGETHER, HEEL TWIST

1-2            Step right diagonally forward right, step left beside right  
3-4            Twist both heels to right, twist both heels to center  
5-6            Step left diagonally forward left, step right beside left  
7-8            Twist both heels left, twist both heels to center

## DIAGONAL STEP BACK, TOUCH, DIAGONAL STEP BACK, TOUCH, VINE RIGHT WITH ¼ TURN, SCUFF

9-10          Step right diagonally back right, touch left beside right  
11-12        Step left diagonally back left, touch right beside left  
13-14        Step right to right, step left behind right  
15-16        Step right ¼ turn right, scuff left forward

## STEP, SCUFF, STEP, SCUFF, WALKS BACK, TOUCH

17-18        Step left forward, scuff right forward  
19-20        Step right forward, scuff left forward  
21-22        Step left back, step right back  
23-24        Step left back, touch right beside left

## MONTEREY ½ TURN, SIDE, ¼ TURN-HOOK, STEP, TOUCH

25-26        Touch right toe to right, make ½ turn right and step right beside left  
27-28        Touch left toe to left, step left beside right  
29-30        Step right to right, on ball of right make ¼ turn left and hook left across right  
31-32        Step left forward, touch right beside left

**REPEAT**

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