

Nasty Girl

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Steve Aylwin (UK)
音乐: Nasty Girl (Radio Edit) - Inaya Day



PRESS, FLICK ¼ TURN, COASTER STEP, TOUCH & HEEL, CROSS UNWIND ¾ TURN

- 1 Press left foot to left side
- 2 Recover onto right with ¼ turn left, flicking left foot forward
- 3&4 Step left foot back, step right beside left, step left foot forward
- 5&6 Touch right beside left, step right foot back, touch left heel forward
- &7-8 Step left beside right, cross right over left, unwind ¾ turn left (weight ending on left)

Alternative: for those that wish not to do a ¾ turn unwind

- 7-8 Right cross step over left, ¼ turn right stepping back on left

ROCK BACK, RECOVER, SHUFFLE, STEP, STEP WITH ¼ TURN (X 3)

- 1-2 Rock back on right, recover forward onto left
- 3&4 Step right forward, step left beside right, step right forward
- 5-6 Step left to left side, ¼ turn right stepping right to right side
- 7-8 Turn ¼ turn right stepping left to left side, ¼ turn right stepping right to right side

On count 8, bending right knee when taking the weight on right helps with the rolling vine left

ROLLING GRAPEVINE, HIP BUMPS IN 'C' SHAPE

- 1-2 ¼ turn left stepping forward on left, ½ turn left stepping back on right
- 3-4 ¼ turn left stepping left to left side, step right beside left
- 5& Bump right hip up and right, return to center
- 6& Bump right hip down and right, return to center
- 7& Bump right hip up and right, return to center
- 8& Bump right hip down and right, step onto left in place

Styling: when doing the hip bumps you can pop your shoulders with your arms by your sides; lift left shoulder and drop right shoulder on counts 5-8 and return to center on '&' count

ROLLING GRAPEVINE, HIP BUMPS IN 'C' SHAPE

- 1-2 ¼ turn right stepping forward on right, ½ turn right stepping back on left
- 3-4 ¼ turn right stepping right to right side, step left beside right
- 5& Bump right hip up and right, return to center
- 6& Bump right hip down and right, return to center
- 7&8 Bump right hip up and right, return to center, bump right hip down and right

Styling: repeat as above section (counts 5-8)

REPEAT