

Nasty

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Jon Hammond (UK)
音乐: Nasty Ghetto - Sugababes



STEP SIDE LEFT, CROSS TOUCH RIGHT, ¼ RIGHT, ¼ BACK LEFT, BACK RIGHT, RIGHT COASTER STEP SCUFF ¼ RIGHT, POINT

- 1-2 Step left foot to left side, touch right toe 'no weight' in front of left foot
- &3-4 Bring right foot back next to left, make ¼ right stepping back on left foot, step back right making ¼ right
- 5&6 Step back left, step right back together to left foot, step forward left foot
- 7-8 Scuff right foot making ¼ turn right, point right to right side

HIP BUMP RIGHT, LEFT, RIGHT, & CROSS RIGHT, STEP LEFT, POINT RIGHT ACROSS LEFT, POINT RIGHT RIGHT, POINT RIGHT ACROSS LEFT ¾ LEFT

- 1-2 Hip bump right, hip bump-left bump right, weight on right foot (clicking fingers to beat swing arm waist level from right to left)
- &3-4 Bring left foot to right, cross right over left, step left to left side
- 5-6 Point right across left, point right foot to right side
- 7-8 Point right across left weight on right turn ¾ left on balls of feet, end weight on right

VINE LEFT SYNCOPATED, SAILOR ¼ RIGHT, STEP LEFT, PENCIL ½ TURN LEFT

- 1-2 Step left to left side, cross right behind left
- &3-4 Step left to left side cross right in front of left, step left to left side
- 5&6 Step right behind left step left to left side step right making ¼ turn right
- 7-8 Step left forward swing right (pencil turn) making ½ turn left, feet together weight on left

FORWARD WIZARD OF OZ STEPS DIAGONALLY RIGHT, AND DIAGONALLY LEFT, STEP LOCK FORWARD, CLOCK TURN ¼ LEFT ¼ LEFT

- 1-2& Step right foot diagonally forward, step left foot behind right place weight on left, stepping right small step right side
- 3-4& Step left foot diagonally forward, step right foot behind left place weight on right, stepping left small step to left side
- 5-6 Step right foot diagonally forward, step left foot behind right
- 7-8 Keeping left locked behind right, turn ¼ turn left, turn ¼ turn left weight on right

REPEAT
