

# Nada Cha

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Scott Schrank (USA)  
音乐: You Still Do It For Me - Jason McCoy



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## SWAY, SWAY, SAILOR STEP, LOCK STEP, BRUSH, STEP, TAP, BALL, ½ TURN-STEP

- 1-2            Step right foot right (sway hips right), sway to the left (weight to left)
- 3&4           Step ball of right foot behind left, step left foot next to right, step right foot forward
- &5&6        Lock step left foot behind right, step right foot forward, brush left foot forward, step left foot forward
- 7-8           Step ball of right foot behind left, turn ½ left and step forward on left foot (6:00)

## SIDE, BEHIND, TURN, CROSS-BALL-CROSS, SIDE, HEEL-JACK-LEFT, HEEL-JACK-RIGHT, CROSS

- 1-2            Turn ¼ left and step right foot right, step ball of left foot behind right (3:00)
- &3&4        Turn ½ turn left and step ball of right behind left, cross left foot over right, step ball of right foot behind left, cross left foot over right (9:00)
- &5&6        Step right foot side and slightly back, touch left heel diagonally left, step left foot next to right foot, cross right foot over left (9:00)
- &7&8        Step left foot side and slightly back, touch right heel diagonally right, step right foot next to left foot, cross left foot over right

## SWAY, SWAY, SAILOR STEP, ROCK, RECOVER, CHASSE ½ TURN

- 1-2            Step right foot right (sway hips right), sway to the left (weight to left)
- 3&4           Step ball of right foot behind left, step left foot next to right, step right foot forward
- 5-6           Rock forward on left foot, recover weight right foot
- 7&8           Turn ½ left and step left foot to side, step right foot next to left, step left foot to side (3:00)

## CROSS-ROCK, RECOVER, CROSS-ROCK, TURN, PIVOT TURN, CROSS, ½ TURN, CROSS

- 1&2           Cross rock right foot over left, recover weight to ball of left foot, step right foot next to left
- 3&4           Cross rock left foot over right, recover weight to ball of right foot, turn ¼ left and step left foot forward (12:00)
- 5&6           Step ball of right foot forward, turn ¼ left (weight to left), cross right foot over left (9:00)
- 7&8           Step back on left foot, turn ¼ right and step right foot to side, turn ¼ turn right and cross step left foot over right (3:00)

REPEAT

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