

Mystic Mambo

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Chris Kumre (USA)
音乐: Sway - Paris Dumper



ROCK FORWARD, ROCK BACK, ¾ TURN (CHA-CHA-CHA), STEP FORWARD, BRUSH, CROSS, STEP, STEP

- 1-2 Rock right forward, rock left back
3&4 Step right back starting ¾ turn right, bring left next to right, step right forward finishing ¾ turn right
5-6 Step left forward, brush right across left
7&8 Cross right over left, step left foot back slightly diagonally left, step right foot back slightly diagonally right

CROSS, STEP, STEP, CROSS, UNWIND ½ TURN, BEHIND, SIDE, CROSS, UNWIND ½ TURN

- 1&2 Cross left over right, step right foot back slightly diagonally right, step left foot back slightly diagonally left
3-4 Cross right over left, unwind ½ turn left (weight on right)
5&6 Step left behind right, step right out to right side, cross left over right
7-8 Slowly unwind ½ turn right (weight on left)

RIGHT SAILOR STEP, CROSS SHUFFLE, ½ MONTEREY TURN, LEFT MAMBO STEP

- 1&2 Step right behind left, step left out to left side, step right out to right side
3&4 Cross left over right, step right slightly out to right side, cross left over right
5-6 Point right out to right side, bring right together while making ½ turn right
7&8 Step left forward, step right in place, step left back

¼ TURN, SLIDE, CROSS SHUFFLE, STOMP, HOLD, HIP ROLL/BODY ROLL

- 1-2 Step right back making ¼ turn right, slide left foot towards right
3&4 Cross left over right, step right slightly out to right side, cross left over right
5-6 Stomp right slightly forward, hold
7-8 Roll hips around left, roll hips around right

Optional: body roll (weight ends on right)

LEFT SAMBA, RIGHT SAMBA, ROCK FORWARD, ROCK BACK, ½ TURN (CHA-CHA-CHA)

- 1&2 Cross left over right, rock right out to right side, step left in place
3&4 Cross right over left, rock left out to left side, step right in place
5-6 Rock left forward, rock right back
7&8 Step left back starting ½ turn left, bring right next to left, step left forward finishing ½ turn left

ROCK FORWARD, ROCK BACK, ¼ TURN, SLIDE, SWAY HIPS

- 1-4 Rock right forward, rock left back, step right back making ¼ turn right, slide left foot next to right and touch left
5-8 Step left out to left while swaying hips left, sway hips right, sway hips left, sway hips right (weight on right)

LEFT SAILOR SHUFFLE, CROSS SHUFFLE, ½ MONTEREY TURN, RIGHT MAMBO STEP, ¼ TURN

- 1&2 Step left behind right, step right out to right side, step left out to left side
3&4 Cross right over left, step left slightly out to left side, cross right over left
5-6 Point left out to left side, bring left together while making ½ turn left
7&8 Step right forward, step left in place, step right back making ¼ turn right

BEHIND, SIDE, CROSS, UNWIND ½ TURN, OUT, OUT, HOLD, HIP, HIP ROLL/BODY ROLL

1&2 Step left behind right, step right out to right side, cross left over right

3-4 Slowly unwind ½ turn right (weight on left)

&5-6 Quickly step right out to right side, step left out to left side, hold

7-8 Roll hips around right, roll hips around left

Optional: body roll (weight ends on left)

REPEAT
