

Myrtle Beach Boogie

COPPER KNOB
STEPPERS

拍数: 0 墙数: 4 级数: Intermediate
编舞者: Steve Lescarbeau (USA) & Kim Swann (USA)
音乐: Boogie Woogie Rhythm And Blues - Heart And Soul



Sequence: A, B, C, C, A, B, C, C, C, A, C, A

Choreographed at the Line Dancer's Spring Break, April, 2002. 4th Place ABC Northeast Dance Festival August 11, 2002

PART A (40 COUNTS)

FORWARD TOGETHER BACK, BACK CROSS BACK, ROCK, RECOVER, STEP, ½ TURN

1&2 Step forward on left, step together with right, step slightly back on left
3&4 Step back on right, cross left slightly in front of right, step back on right
5-6-7-8 Rock back on left, recover on right, step forward on left, pivot ½ turn to right (take weight on right)

FORWARD TOGETHER BACK, BACK CROSS BACK, ROCK, RECOVER, STEP, ¼ TURN

1&2 Step forward on left, step together with right, step slightly back on left
3&4 Step back on right, cross left slightly in front of right, step back on right
5-6-7-8 Rock back on left, recover on right, step forward on left, pivot ¼ turn to right (take weight on right)

HIP BUMP UP & DOWN LEFT, HIP BUMP UP & DOWN RIGHT, HIP BUMP UP & DOWN LEFT, HIP BUMP UP & DOWN RIGHT

Please see styling note at the bottom

1&2 Bump your left hip up and then down.
3&4 Bump your right hip up and then down
5&6 Bump your left hip up and then down
7&8 Bump your right hip up and then down

In shag dancing you move from your waste down, so when bumping your hips you want to be on the ball of your foot when beginning the bump up so as to give a little push. You actually use more of your legs than you do your hips

¼ TURN, ¼ TURN, BOOGIE WALK

1-2-3-4 Step forward on left, pivot ¼ turn to right (keep weight on right), step forward on left, pivot ¼ turn to right
5-6-7-8 Boogie walk starting to left, then right, then left, then right

Keep your knees together as you sway them from side to side. Remember that you are only swaying your knees.

ROCK STEP COASTER STEP, ROCK STEP COASTER STEP

1-2-3&4 Rock forward on left, step on right, left coaster step
5-6-7&8 Rock forward on right, step on left, right coaster step

PART B

All 40 counts of Part A, with an 8 count tag

SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE, TOUCH

1-2-3-4 Step to left with left, step right next to left, step to left with left, touch right next to left
5-6-7-8 Step to right with right, step left next to right, step to right with right, touch left next to right

PART C

Do the first 32 counts of Part A. Just leave off the last 8 counts - rock, step, coaster step

