

My Way

拍数: 32 墙数: 1 级数: Intermediate
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音乐: That's the Way It Is - Céline Dion



Start with feet shoulder width apart weight on left

1-2 Cross right over left, unwind $\frac{1}{2}$ left (weight to left)
&3 Step right to side, turn $\frac{1}{4}$ left and step left together
&4 Turn $\frac{1}{4}$ left and step right in place, step left forward (12:00)
5-6 Step right forward, turn $\frac{1}{2}$ left (weight to left, 6:00)
7&8 Hold

On counts &8, turn your head right, then forward

9&10 Shuffle forward turning a full turn left stepping right, left, right
11-12 Step left forward, turn $\frac{1}{2}$ right (weight to right, 12:00)
13&14 Cross left over right, step right to side, step left forward
15&16 Cross right over left, step left to side, rock right forward

These samba steps move forward

17 Recover to left
18 Turn $\frac{5}{8}$ right and step right forward (7:30)
19&20 Turn $\frac{1}{2}$ right and shuffle forward left, right, left (1:30)
21&22 Touch right heel forward, step right to side, cross left over right
&23 Step right to side, cross left behind right
24 Turn $\frac{1}{2}$ right and hitch right, turn $\frac{1}{2}$ right and step right together (12:00)

The position of this step is open to interpretation. I personally step the right foot a little apart & slightly back

25& Cross left over right, step right to side
26 Turn $\frac{1}{4}$ left and step left back (9:00)
27&28 Kick right forward, kick right back, turn $\frac{1}{2}$ right and hitch right knee
29-30 Step right forward, touch left together
31& Kick left forward, turn $\frac{1}{4}$ left and step left to side
32 Touch right toe together

REPEAT
