My Sweetheart



拍数: 16 墙数: 2 级数: Ultra Beginner

编舞者: Jo Thompson Szymanski (USA) & Rita Thompson (USA)

音乐: Let Me Call You Sweetheart - Scooter Lee



Please don't rush the counts, they are very slow! In the music, there is a very fast waltz beat. I wanted to simplify the counting for the dance. You will be counting 1, 2, 3, 4 using a slow count. If you listen to the waltz rhythm it will feel like step, hold, hold, step, hold, hold

SWAY 4 TIMES

Step left to left side (allow arms to swing slightly to left side, about hip level)

Step right to right side (allow arms to swing slightly to right side, about hip level)

Step left to left side (allow arms to swing slightly to left side, about hip level)

Step right to right side (allow arms to swing slightly to right side, about hip level)

The above 4 moves do not travel, are in place and should have a bit of a sway type feeling

DIAGONAL CHASSE FORWARD LEFT AND RIGHT

Step left forward to left diagonal; step right beside left; step left forward to left diagonal

7&8 Step right forward to right diagonal; step left beside right; step right forward to right diagonal

Optional arm styling: on count 5 allow wrists to cross at chest, on count 6 reach left arm to left front diagonal,
right arm is down and slightly back so that arms make a diagonal line. On count 7 allow wrists to cross at
chest, on count 8 reach right arm to right front diagonal, left arm is down and slightly back so that arms make
a diagonal line

SWAY 4 TIMES

9-12 Repeat the first four counts of the dance, the sway in place left, right, left, right

SLOW WALK 4 TIMES, TURNING 1/2 LEFT

Take 4 small steps in place (left, right, left, right) making a gradual ½ turn left

This should feel like walking forward in a very small half circle. At this point, you will be facing the back wall

REPEAT