

My Sweetheart

COPPER KNOB
BY STEPHEN METZ

拍数: 16 墙数: 2 级数: Ultra Beginner
编舞者: Jo Thompson Szymanski (USA) & Rita Thompson (USA)
音乐: Let Me Call You Sweetheart - Scooter Lee



Please don't rush the counts, they are very slow! In the music, there is a very fast waltz beat. I wanted to simplify the counting for the dance. You will be counting 1, 2, 3, 4 using a slow count. If you listen to the waltz rhythm it will feel like step, hold, hold, step, hold, hold

SWAY 4 TIMES

- 1 Step left to left side (allow arms to swing slightly to left side, about hip level)
- 2 Step right to right side (allow arms to swing slightly to right side, about hip level)
- 3 Step left to left side (allow arms to swing slightly to left side, about hip level)
- 4 Step right to right side (allow arms to swing slightly to right side, about hip level)

The above 4 moves do not travel, are in place and should have a bit of a sway type feeling

DIAGONAL CHASSE FORWARD LEFT AND RIGHT

- 5&6 Step left forward to left diagonal; step right beside left; step left forward to left diagonal
7&8 Step right forward to right diagonal; step left beside right; step right forward to right diagonal
Optional arm styling: on count 5 allow wrists to cross at chest, on count 6 reach left arm to left front diagonal, right arm is down and slightly back so that arms make a diagonal line. On count 7 allow wrists to cross at chest, on count 8 reach right arm to right front diagonal, left arm is down and slightly back so that arms make a diagonal line

SWAY 4 TIMES

- 9-12 Repeat the first four counts of the dance, the sway in place left, right, left, right

SLOW WALK 4 TIMES, TURNING ½ LEFT

- 13-16 Take 4 small steps in place (left, right, left, right) making a gradual ½ turn left
This should feel like walking forward in a very small half circle. At this point, you will be facing the back wall

REPEAT
