

My Sister (My Friend)

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Sandy Kerrigan (AUS)
音乐: My Sister - Reba McEntire



LEFT SIDE SHUFFLE, BEHIND, SIDE, CROSS, ¼ RIGHT, TOGETHER, ¼ RIGHT SIDE, ½ HINGE RIGHT SIDE SHUFFLE RIGHT

1&2-3& Step left to left side, step right together, step left to left, cross right behind left, step left to left
4-5& Cross right over left, ¼ turn right step back left, step right together
6-7&8 ¼ turn right step left to left side, ½ hinge turn right side shuffle right (12:00)

CROSS, REP, SIDE, CROSS, ¼ RIGHT BACK, ¼ RIGHT STEP SIDE, SIDE LEFT ROCK STEP, LEFT SAILOR

1&2-3 Left cross rock over right, replace to right, step left to left, cross right over left
&4-5-6 ¼ turn right step back left, ¼ right step right to side, left side rock, rep to right
7&8 Left sailor step (6:00)

¼ RIGHT BACK WALKS, RIGHT COASTER, FORWARD LEFT, ½ LEFT BACK, ¼ LEFT STEP SIDE, SIDE TOUCHES, TOGETHER

1-2-3&4 ¼ turn right walk back right, walk back left, back right coaster step (9:00)
5-6&7 Step forward left, ½ left step back right, ¼ left step left to side, touch right to side
&8& Step right together, touch left to side, step left together (12:00)

ROCK BACK FORWARD, SIDE SHUFFLE, BEHIND, ¼ RIGHT, ¼ RIGHT, ½ RIGHT STEP FORWARD, SIDE, BACK 45 DEGREES RIGHT

1-2-3&4 Rock back right, rock forward left, right side shuffle
5&6 Cross left behind right, ¼ right step forward right, ¼ right step left to side (6:00)
7&8 ½ right step forward right (12:00) step left to left side, step back right to face front right 45 degrees

ROCK STEP 45 DEGREES RIGHT, FORWARD SHUFFLE, PIVOT LEFT, TAP, STEP SIDE, CLOSE, ¼ LEFT STEP BACK RIGHT

1-2-3&4 Facing front right 45 degrees rock back left, forward right, shuffle forward left
5&6 Step forward right, pivot left to face back wall tap right next to left (6:00)
7&8 Step right to side, step left together, ¼ left step back right.(3:00)

ROCK BACK, FORWARD, STEP FORWARD, ½ LEFT BACK, ¼ LEFT SIDE, TOUCH, BALL STEP, PIVOT ¼ LEFT, TOGETHER

1-2-3-4& Rock back left, forward right, step forward left, ½ left step back right, ¼ left step left side
5&6 Touch right to side, step right to center, step forward left (ball step forward (6:00)
7&8 Step forward right pivot ¼ left (3:00) weight to left, step right together (3:00)

REPEAT