

My Red High Heels

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Jan Wyllie (AUS)
音乐: Red High Heels - Kellie Pickler



WALK WALK, HEEL ROCK/RETURN, SIDE ROCK/ RETURN, BEHIND SIDE ACROSS

1-2-3-4 Step left forward, step right forward, rock left heel forward, recover on right
5-6 Rock left to side, recover onto right
7&8 Cross left behind right, step right to side, cross left over right

STOMP KICK, BEHIND SIDE FORWARD, FORWARD ROCK RETURN, ¼ COASTER CROSS

9-10 Stomp right together, kick left to side
11&12 Cross left behind right, step right to side, step left forward
13-14 Rock right forward, rock left back
15&16 Turn ¼ right and step right to side, step left together, cross right over left

SIDE STEP HOLD, & ACROSS SIDE, SIDE STEP HOLD, & ACROSS SIDE

17-18&19-20 Step left to side, hold, step right together, cross left over right, step right to side
21-22&23-24 Step left to side, hold, step right together, cross left over right, step right to side

BEHIND SIDE, CROSS ROCK/RETURN, ¼ SHUFFLE, FULL TURN FORWARD

25-26-27-28 Cross left behind right, step right to side, rock left over right, recover onto right
29&30-31-32 Shuffle forward turning ¼ left stepping left, right, left, turn ½ left and step right back, turn ½ left and step left forward

STEP PIVOT ¼, SHUFFLE FORWARD, TURN ¾, FORWARD ROCK RETURN

33-34 Step right forward, turn ¼ left (weight to left)
35&36 Shuffle RIGHT FORWARD, left, right
37-38 Step left forward, turn ¾ right (weight to right, 6:00)
39-40 Rock left forward, recover to right

COASTER, FORWARD ROCK RETURN, ½ ROCK RETURN, STEP BACK HOOK

41&42 Step left back, step right together, step left forward
43-44 Rock right forward, recover to left
45-46 Turn ½ right and rock right forward, recover to left
47-48 Step right back, hook left over right

Restart here on walls 3 and 5

STEP TOUCH, & TOUCH HOLD, ¼ COASTER, STEP PIVOT ¼

49-50&51-52 Step left forward, touch right to side, step right together, touch left to side, hold
53&-54 Cross left behind right, turn ¼ left and step right together, step left forward
55-56 Step right forward, turn ¼ left (weight to left)

TOE STRUT RIGHT FORWARD, LEFT, RIGHT & STEP SCUFF

57-58-59-60 Step right toe forward, drop right heel, step left toe forward, drop left heel
61-62&63-64 Step right toe forward, drop right heel, step left together, step right forward, scuff left forward

REPEAT

TAG

At the end of wall 1

FORWARD ROCK/RETURN, COASTER STEP, FORWARD ROCK/RETURN, COASTER STEP

1-2-3&4 Rock left forward, recover to right, step left back, step right together, step left forward
5-6-7&8 Rock left forward, recover to right, step left back, step right together, step left forward

RESTART

Restart on walls 3 and 5 after count 48
