

My People

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Dawn Rathbun (USA)
音乐: These Are My People - Rodney Atkins



COASTER, CROSS, STEP SIDE, & CROSS, STEP SIDE, COASTER

1&2 Step back left, together right, forward left
3-4 Cross right over left, step side left
&5-6 Ball right, cross left over right, step side right
7&8 Step back left, together right, forward left

¼ LUNGE DRAG, SIDE TOE TOUCH, FRONT TOE TOUCH, ROLLIN' VINE LEFT WITH TOUCH

1-2 Step right side wide ¼ turn left, touch left next to right
3-4 Touch left toe side, touch left toe front
5-6 Step front left ¼ left, step back right ½ left
7-8 Step side left ¼ left, touch right next to left

JUMP FORWARD OUT OUT, CLAP, ROLLIN' VINE RIGHT WITH TOUCH, FRONT TOE TOUCH, SIDE TOE TOUCH

&1-2 Jump forward out right, out side left, clap (weight on left)
3-4 Step front right ¼ right, step back left ½ right
5-6 Step side right ¼ right, touch left next to right
7-8 Touch left toe front, touch left toe side

½ SAILOR, ½ SYNCOPATED ROCK, PIVOT, JUMP FORWARD OUT OUT

1&2 Step left behind right ¼ left, step side right ¼ left, step side left
3&4 Step forward right, recover weight back left, step forward right ½ right
5-6 Step forward left, turn ½ right (weight on right)
&7-8 Jump forward out left, out right, clap (weight on right)

REPEAT

TAG

After wall 1

SHUFFLE SIDE, CROSS ROCK, SHUFFLE SIDE ROCK, CROSS ROCK

1&2 Step side left, slide right to left, step side left
3-4 Cross right behind left, recover weight forward left
5&6 Step side right, slide left to right, step side right
7-8 Cross left behind right, recover weight forward right

RESTART

On the 4th wall, do the first 6 counts and then restart dance