

My Only Love

COPPER KNOB
BY STEPHEN BATES

拍数: 32 墙数: 4
编舞者: Chad Manson (UK)
音乐: Only Love - Trademark

级数: Intermediate nightclub



STEP, ROCK & ½ RIGHT, FORWARD, ¼ RIGHT SIDE ROCK CROSS, RIGHT SIDE ROCK CROSS, ½ RIGHT, CROSS

- 1 Step left forward
- 2&3 Rock right forward, recover onto left, making ½ turn right step right forward
- 4&5 Making ¼ turn right rock left to left, recover onto right, cross left over right
- 6&7 Rock right to right, recover onto left, cross right over left
- 8&1 Making ¼ turn right step left back, making ¼ turn right step right to right, cross left over right

RECOVER, SIDE, CROSS SHUFFLE, ¼ RIGHT, ½ RIGHT, FORWARD, RECOVER

- 2-3 Recover onto right, step left to left
- 4&5 Cross right over left, step left to left, cross right over left
- 6& Making ¼ turn right step left back, making ½ turn right step right forward
- 7-8 Rock left forward, recover onto right

BACK, DIAGONAL RIGHT BACK SHUFFLE, DIAGONAL LEFT BACK SHUFFLE, SWAY TWICE, FULL TURN RIGHT

- 1 Step left back to left diagonally (you should be facing right diagonally at 1:00)
- 2&3 Still facing 1:00, step right to right, lock left over right, step right to right
- 4&5 Turning ¼ turn left (facing 11:00) step left to left, lock right over left, step left to left
- 6-7 Step and sway right to right sway left to left (while swaying square off to 12:00)
- 8&1 Making ¼ turn right step right forward, making ½ turn right step left back, making ¼ turn right step right to right

CROSS ROCK, ¼ LEFT FORWARD, WALK, WALK, LUNGE, RECOVER, ½ RIGHT STEP, FORWARD, WALK

- 2&3 Cross left over right, recover onto left, making ¼ turn left step left forward
- 4&5 Step right forward, step left forward, lunge right forward
- 6&7 Recover onto left, making ½ turn right step right forward, step left forward
- 8 Step right forward

REPEAT

RESTART

During wall 3, do first 8 counts, then restart dance facing 9:00

During wall 7, do until count 25 (full turn right), drag left toe towards right foot on 1 count, then restart dance facing 6:00

TAG

After wall 6, facing 6:00, sway hips left right left right

ENDING

During wall 8, after full turn right, cross left over right, unwind ½ turn right to face front wall