

# My # One

拍数: 96      墙数: 2      级数: Intermediate waltz  
编舞者: Geri Morrison (UK)  
音乐: You're My Number 1 - Enrique Iglesias



## LEFT TWINKLE, CROSS POINT HOLD, CROSS UNWIND, ROCK RECOVER HOLD

1-3            Cross left over right, step right beside left, step left slightly left  
4-6            Cross right over left, point left to left side, hold  
7              Cross touch left behind right  
8-9            Unwind a full turn left (weight on right)  
10-12          Rock left foot forward diagonally right, recover right, hold

## BACK TOGETHER HOLD, CROSS POINT HOLD, RIGHT TWINKLE ½ TURN RIGHT, ROCK RECOVER, HOLD,

1-3            Step back on left, bring right beside left, hold  
4-6            Cross left over right, point right to right side, hold

**Restart here on 6th wall. It will be "cross left over right, step right to right side, hold (facing 12:00)"**

7-9            Cross right over left, make ¼ turn right stepping back on left, make ¼ turn right stepping right to right side  
10-12          Rock forward on left, recover on right, hold

## BACK TOGETHER HOLD, PIVOT ½ TURN RIGHT HOLD, ROCK FORWARD RECOVER HOLD, STEP BACK LEFT STEP RIGHT HOLD

1-3            Step back on left, step right next to left, hold,  
4-6            Step forward on left, pivot ½ turn right, hold  
7-9            Rock forward on left, recover on right, hold  
10-12          Step left next to right, step right slightly right, hold

**Restart here on 3rd wall facing 12:00**

## LEFT TWINKLE ½ TURN LEFT, RIGHT TWINKLE, CROSS UNWIND FULL TURN, SWEEP BEHIND STEP

1-3            Cross left over right, make ¼ turn left stepping back on right, make ¼ turn left stepping left to left side,  
4-6            Cross right over left, recover weight on left, step right to right side (slightly back)  
7-9            Cross left over right, unwind a full turn right (over 2 counts)  
10             Sweep right to right side, (now facing 6:00)  
11-12          Step right behind left, step left beside right

## SIDE STEP, DRAG TWICE, RECOVER, ¼ TURN, STEP HITCH, HOLD, BACK TOGETHER, HOLD

1-3            Long step right to right side, drag left towards right over 2 counts (weight on right)  
4-6            Long step left to left side, drag right towards left over 2 counts (weight on left)  
7-9            Turn ¼ right stepping right forward, hitch left knee at side of right, hold  
10-12          Step back on left, bring right beside left, hold

## CROSS POINT HOLD, CROSS POINT HOLD, BEHIND SIDE STEP, UNWIND ½ TURN RIGHT

1-3            Cross left over right, point right to right side, hold  
4-6            Cross right over left, point left to left, hold  
7-9            Cross left behind right, step right to right side, recover weight on left  
10-12          Cross right behind left, unwind ½ turn right over 2 counts (weight on right)

## CROSS POINT HOLD, CROSS POINT HOLD, CROSS BEHIND SIDE STEP, UNWIND ½ TURN RIGHT

1-3            Cross left over right, point right to right side, hold  
4-6            Cross right over left, point left to left side, hold, (traveling slightly forward)

7-9 Cross left behind right, step right to right side, recover weight on left  
10-12 Cross right behind left, unwind  $\frac{1}{2}$  turn right over 2 counts

**CROSS LEFT HOLD, STEP BACK HOLD, ROCK FORWARD, HITCH,  $\frac{1}{4}$  TURN LEFT, RIGHT TWINKLE**

1-3 Cross left over right, hold for 2 counts,  
4-6 Step back on right, hold for 2 counts  
7-9 Rock forward on left, hitch right, make  $\frac{1}{4}$  turn left  
10-12 Cross right over left, step left beside right, step right in place

**REPEAT**

**RESTART**

**There is a restart during the 3rd wall, after count 36**

**There is a restart during the 6th wall, after count 18**

---