

My # One

COPPER KNOB
STEPSHEETS

拍数: 96 墙数: 2 级数: Intermediate waltz
编舞者: Geri Morrison (UK)
音乐: You're My Number 1 - Enrique Iglesias



LEFT TWINKLE, CROSS POINT HOLD, CROSS UNWIND, ROCK RECOVER HOLD

- 1-3 Cross left over right, step right beside left, step left slightly left
- 4-6 Cross right over left, point left to left side, hold
- 7 Cross touch left behind right
- 8-9 Unwind a full turn left (weight on right)
- 10-12 Rock left foot forward diagonally right, recover right, hold

BACK TOGETHER HOLD, CROSS POINT HOLD, RIGHT TWINKLE ½ TURN RIGHT, ROCK RECOVER, HOLD,

- 1-3 Step back on left, bring right beside left, hold
- 4-6 Cross left over right, point right to right side, hold

Restart here on 6th wall. It will be "cross left over right, step right to right side, hold (facing 12:00)"

- 7-9 Cross right over left, make ¼ turn right stepping back on left, make ¼ turn right stepping right to right side
- 10-12 Rock forward on left, recover on right, hold

BACK TOGETHER HOLD, PIVOT ½ TURN RIGHT HOLD, ROCK FORWARD RECOVER HOLD, STEP BACK LEFT STEP RIGHT HOLD

- 1-3 Step back on left, step right next to left, hold,
- 4-6 Step forward on left, pivot ½ turn right, hold
- 7-9 Rock forward on left, recover on right, hold
- 10-12 Step left next to right, step right slightly right, hold

Restart here on 3rd wall facing 12:00

LEFT TWINKLE ½ TURN LEFT, RIGHT TWINKLE, CROSS UNWIND FULL TURN, SWEEP BEHIND STEP

- 1-3 Cross left over right, make ¼ turn left stepping back on right, make ¼ turn left stepping left to left side,
- 4-6 Cross right over left, recover weight on left, step right to right side (slightly back)
- 7-9 Cross left over right, unwind a full turn right (over 2 counts)
- 10 Sweep right to right side, (now facing 6:00)
- 11-12 Step right behind left, step left beside right

SIDE STEP, DRAG TWICE, RECOVER, ¼ TURN, STEP HITCH, HOLD, BACK TOGETHER, HOLD

- 1-3 Long step right to right side, drag left towards right over 2 counts (weight on right)
- 4-6 Long step left to left side, drag right towards left over 2 counts (weight on left)
- 7-9 Turn ¼ right stepping right forward, hitch left knee at side of right, hold
- 10-12 Step back on left, bring right beside left, hold

CROSS POINT HOLD, CROSS POINT HOLD, BEHIND SIDE STEP, UNWIND ½ TURN RIGHT

- 1-3 Cross left over right, point right to right side, hold
- 4-6 Cross right over left, point left to left, hold
- 7-9 Cross left behind right, step right to right side, recover weight on left
- 10-12 Cross right behind left, unwind ½ turn right over 2 counts (weight on right)

CROSS POINT HOLD, CROSS POINT HOLD, CROSS BEHIND SIDE STEP, UNWIND ½ TURN RIGHT

- 1-3 Cross left over right, point right to right side, hold
- 4-6 Cross right over left, point left to left side, hold, (traveling slightly forward)

7-9 Cross left behind right, step right to right side, recover weight on left
10-12 Cross right behind left, unwind $\frac{1}{2}$ turn right over 2 counts

CROSS LEFT HOLD, STEP BACK HOLD, ROCK FORWARD, HITCH, $\frac{1}{4}$ TURN LEFT, RIGHT TWINKLE

1-3 Cross left over right, hold for 2 counts,
4-6 Step back on right, hold for 2 counts
7-9 Rock forward on left, hitch right, make $\frac{1}{4}$ turn left
10-12 Cross right over left, step left beside right, step right in place

REPEAT

RESTART

There is a restart during the 3rd wall, after count 36

There is a restart during the 6th wall, after count 18
