

# My Number One

**COPPER** **NOB**  
BY STEPHEN BATES

拍数: 64      墙数: 2      级数: Improver samba  
编舞者: Johnny Two-Step (UK) & Lizzie Clarke (SCO)  
音乐: My Number One - Helena Paparizou



Start dance on the words "You're My Lover"

## WALK, WALK, SHUFFLE, PIVOT ¼ TURN LEFT TWICE

1-2-3&4      Walk forward left, right, shuffle forward left, right, left  
5-6-7-8      Step forward right & pivot ¼ turn left twice

## CROSS & HEEL, & CROSS & HEEL, & STEP RIGHT, LEFT, RIGHT, LEFT, RIGHT, LEFT, RIGHT

1&2&3&4      Cross step right over left & step to left side, dig right heel diagonal right & step right in place, cross step left over right & step right to right side & dig left heel diagonal left  
&5&6&7&8      Step left in place & step right forward & step left behind right & step right forward & step left behind right & step right forward & step left behind right & step right forward & step left behind right & step right forward

## PADDLE FULL TURN LEFT, STEP TOUCH, STEP TOUCH, REPEAT TO RIGHT (ON OPPOSITE FOOT)

Use this section for the wee tag

1&2&3&4      Make ¼ turn left stepping on left, step right behind left, step ¼ left stepping on left, step right behind left, step ¼ left stepping on left, step right behind left, stepping ¼ left, stepping on left  
5-6-7-8      Step right to right side, touch left toe behind right, step left to left side, touch right toe behind left  
1-8      Repeat above 8 counts turning to the right, step touch, step touch etc

## SHUFFLE ½ LEFT, STEP ¼ LEFT CLAP, STEP ½ LEFT, CLAP, SHUFFLE ¼ RIGHT

1&2      Turning ½ turn left shuffle forward left, right, left  
3-4-5-6      Turn ¼ left step right to right side clap hands, turn ½ left step left to left side clap hands  
7&8      Turn ¼ turn right shuffle forward right, left, right

## ROCK RECOVER, SIDE RECOVER, BEHIND, SIDE, FRONT, ROCK RECOVER, SIDE RECOVER, BEHIND ¼ LEFT STEP

1&2&3&4      Rock forward left, recover, rock left side, recover, step left behind right & step right to right side, cross step left in front of right  
5&6&7&8      Rock forward right, recover, rock right side, recover, step right behind left & step left ¼ turn left, step forward on right

## ROCK FORWARD RECOVER, TURN ¼ LEFT CHASSE LEFT, STEP KICK, STEP KICK

1-2-3&4      Rock forward left, recover, turn ¼ left, stepping left side & right beside left, step left to left side  
5-6-7-8      Step forward right, kick left diagonally forward, step forward left kick right diagonally forward

## KICK BALL BACK TWICE, ROCK RECOVER TRIPLE ½ TURN RIGHT

1&2-3&4      Kick right foot forward & step slightly back on right, step left foot slightly back, kick right foot forward & step slightly back on right foot, step left foot slightly back  
5-6-7&8      Rock forward right, recover; triple ½ turn right, stepping right, left, right

REPEAT

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Dance 3rd section (paddle turns etc.) once only