

# My Mambo

拍数: 64                      墙数: 4                      级数: Improver  
编舞者: Gloria Davis  
音乐: Mambo No.5 - Lou Bega



## CHASSE TO THE RIGHT

1-2                      Step right foot to right, step left beside right  
3-4                      Step right to right, step left beside right  
5-6                      Step right to right, step left beside right  
7-8                      Step right to right, left step beside right

## CHASSE TO THE LEFT

9-10                     Step left foot to left, step right foot beside left  
11-12                    Step left foot to left, step right foot next to left  
13-14                    Step left foot to left, step right foot beside left  
15-16                    Step left foot to left, step right beside left

## JAZZ VINE RIGHT INTO A CHA-CHA STEP

17-18                    Step right foot to right, step left foot behind right  
19&20                    Step right next to left, step left foot in front of right, step right next to left  
21-22                    Step left foot forward, step right foot forward (feet slightly apart)  
23&24                    Stepping left, right, left back into place

## JAZZ VINE LEFT INTO A CHA-CHA STEP

25-26                    Step right foot behind left, step left next to right  
27&28                    Step right foot in front of left, step left foot next to right, step down on right  
29-30                    Step left forward, step right foot forward (feet slightly apart)  
31&32                    Stepping left, right, left back into place

## RIGHT KICKS INTO A SAILOR SHUFFLE

33-34                    Kick right foot to the front, kick right foot to the side  
35&36                    Step right behind left, step back with left foot, step right next to left

## LEFT KICKS INTO A TURNING SAILOR SHUFFLE

37-38                    Kick left foot to the front, kick left foot to the side  
39&40                    Step left behind right, step right beside left, step left beside right (while turning to left)

## RIGHT JAZZ VINE WITH DRAG

41-42                    Step right foot to right, step left behind right  
43&44                    Step right foot to right (slightly apart), drag it next to left

## LEFT JAZZ VINE WITH DRAG

45-46                    Step left foot to left, step right behind left  
47-48                    Step left foot to left (slightly apart), drag next to right

## CHARLESTON INTO A COASTER STEP

49-50                    Step forward with right foot, kick left foot forward  
51-52                    Back with left, step right foot back  
53-54                    Step right foot next to left, kick left foot forward  
55&56                    Step back with left foot, step right next to left, step left forward slightly

## CHARLESTON INTO A COASTER STEP

57-58 Step forward with right foot, kick left foot forward  
59-60 Back with left, step right foot back  
61-62 Step right foot next to left, kick left foot forward  
63&64 Step back with left foot, step right next to left, step left forward slightly

**REPEAT**

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